



Ingredients and Allergens List January 2024

(Please note: All products are prepared in an environment where gluten, walnuts, hazelnuts, almonds, sesame, eggs, milk and soya are present)

SPECIALITY LOAVES	Ingredients	Allergens (Contains)	Allergens (May contain)	Shelf Life
CHEWY BROWN	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Rye Flour (Cereal Containing Gluten: Rye), Rye Leaven (Cereal Containing Gluten: Rye), Deactivated and Dehydrated Rye Sourdough (Cereal Containing Gluten: Rye), Wheat Gluten (Cereal Containing Gluten: Wheat), Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye	Eggs, Milk, Sesame	2 days
NUTTY CHEWY	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Rye Flour (Cereal Containing Gluten: Rye), Rye Leaven (Cereal Containing Gluten: Rye), Deactivated and Dehydrated Rye Sourdough (Cereal Containing Gluten: Rye), Wheat Gluten (Cereal Containing Gluten: Wheat), Walnuts (Nuts: Walnuts), Hazelnuts (Nuts: Hazelnuts), Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye; (Tree) Nuts: Walnuts, Hazelnuts	Eggs, Milk, Sesame	2 days
FRUITY CHEWY	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Rye Flour (Cereal Containing Gluten: Rye), Rye Leaven (Cereal Containing Gluten: Rye), Deactivated and Dehydrated Rye Sourdough (Cereal Containing Gluten: Rye), Wheat Gluten (Cereal Containing Gluten: Wheat), Sultanas, Dried Apricot (Sulphites), Dried Cranberries, Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye; Sulphites	Eggs, Milk, Sesame	2 days
CHEWY WHITE	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Rye Flour (Cereal Containing Gluten: Rye), Salt, Yeast, Rye Malt Flour (Cereal Containing Gluten: Rye), Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye	Soya	2 days
STONEGROUND SOURDOUGH	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Rye Flour (Cereal Containing Gluten: Rye), Salt, Yeast, Rye Malt Flour (Cereal Containing Gluten: Rye), Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye		2 days
WHITE SOURDOUGH	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Rye Flour (Cereal Containing Gluten: Rye), Salt, Rye Malt Flour (Cereal Containing Gluten: Rye), Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye	Soya	2 days
FRENCH COB	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Salt, Yeast	Cereals containing gluten: Wheat		2 days

Real

PÂTISSERIE

MULTICEREAL	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Salt, Yeast, Sesame Seeds, Sunflower Seeds, Brown Linseeds, Yellow Linseeds, Rye Flour (Cereal Containing Gluten), Oatmeal (Cereal Containing Gluten: Oat), Barley Flour (Cereal Containing Gluten: Barley), Barley Flour (Cereal Containing Gluten: Barley), Antioxidant (Ascorbic Acid), Roasted Barley Malt (Cereal Containing Gluten: Barley), Malted Wheat Flour (Cereal Containing Gluten: Wheat), Emulsifier (E472e)	Cereals containing gluten: Wheat, Barley, Oat; Sesame	Eggs, Milk, Soya	2 days
HONEY & SPELT	Spelt Flour (Cereal Containing Gluten: Wheat), Water, Yeast, Sunflower Seeds, Coarsely-ground Lupin Seeds, Sesame , Spelt Flakes (Cereal Containing Gluten: Wheat), Baker's Honey, Sugar, Dextrose, Thickener (E412), Barley Malt Extract (Cereal Containing Gluten: Wheat), Emulsifier (E472e), Acidity Regulators (R339, E340), Flavouring, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Barley; Lupin; Sesame	Eggs, Milk, Mustard, Soya	2 days
RYE SOURDOUGH	Rye Flour (Cereal Containing Gluten: Rye), Water, Salt, Yeast, Antioxidant (Ascorbic Acid), Rye Malt Flour (Cereal Containing Gluten: Rye)	Cereals containing gluten: Rye		2 days
NORDIC	Water, Wheat Flour (Cereal Containing Gluten: Wheat), Rye Flour (Cereal Containing Gluten: Rye), Sesame Seeds, Sunflower Seeds, Brown Linseeds, Yellow Linseeds, Sunflower Kernels, Pumpkin Seeds, Soy Grits, Cracked Rye (Cereal Containing Gluten: Rye), Organic Hulled Millet Seeds, Molasses, Sugar, Salt, Yeast, Oatmeal , (Cereal Containing Gluten: Oat), Barley Flour (Cereal Containing Gluten: Barley), Wheat Gluten , Roasted Barley Malt (Cereal Containing Gluten: Barley), Malted Wheat Flour (Cereal Containing Gluten: Wheat), Rye Malt Flour (Cereal Containing Gluten: Rye), Black Pepper, Antioxidant (Ascorbic Acid), Emulsifier (E472e)	Cereals containing gluten: Wheat, Barley, Rye, Oat; Soya; Sesame	(Tree) Nuts, Celery, Eggs, Milk, Mustard, Peanut, Sulphites	2 days
FOCACCIA Herb	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Potato Flakes, Extra Virgin Olive Oil, Dried Thyme, Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat		2 days
FOCACCIA Green and Black Olive	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Potato Flakes, Extra Virgin Olive Oil, Green Olives, Black Olives, Dried Thyme, Salt, Yeast, Brine, Sunflower Oil, Herbs de Provence, Antioxidant (Ascorbic Acid), Citric Acid	Cereals containing gluten: Wheat		2 days
FOCACCIA Cheese and Red Onion	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Potato Flakes, Emmental Cheese (Pasteurised Cow's Milk , Salt, Starter, Vegetarian Rennet, Potato Starch), Red Onion, Extra Virgin Olive Oil, Dried Rosemary, Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat; Milk		2 days
CIABATTA	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Salt, Extra Virgin Olive Oil, Yeast	Cereals containing gluten: Wheat	Soya	2 days



SANDWICH LOAVES

WHITE	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Cereal Containing Gluten: Wheat)	Cereals containing gluten: Wheat	Milk, Soya	2 days
WHOLEMEAL	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Cereal Containing Gluten: Wheat)	Cereals containing gluten: Wheat	Milk, Soya	2 days
WHOLEMEAL with Mixed Seed	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Cereal Containing Gluten: Wheat), Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds	Cereals containing gluten: Wheat	(Tree) Nuts, Celery, Gluten , Lupin, Milk, Mustard, Peanut, Sesame, Soya, Sulphites	2 days
LIGHTGRAIN	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Malted Wheat Flakes (Cereal Containing Gluten: Wheat), Malted Barley (Cereal Containing Gluten: Barley), Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Cereal Containing Gluten: Wheat)	Cereals containing gluten: Wheat, Barley	Milk, Soya	2 days

BAGUETTES

WHITE BAGUETTE	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Barley	Milk, Soya	2 days
WHITE BAGUETTE with Sunflower Seeds	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Salt, Yeast, Sunflower Kernels, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Barley	(Tree) Nuts, Milk, Mustard, Sesame, Soya, Sulphites	2 days
WHITE BAGUETTE with Poppy Seeds	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Salt, Yeast, Poppy Seeds, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Barley	Milk, Mustard, Soya	2 days
TRADITIONAL BAGUETTE	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Rye Flour (Cereal Containing Gluten: Rye), Rye Malt Flour (Cereal Containing Gluten: Rye), Wheat Gluten (Cereal Containing Gluten: Wheat), Malted Wheat Flour (Cereal Containing Gluten: Wheat), Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye	Soya	3 days
WHITE SOFT HALF BAGUETTE (V)	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Improver (Cereal Containing Gluten: Wheat), Yeast	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days



BAPS AND BUNS

MILK BREAD	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Pasteurised Whole Egg , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole Milk Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Rye Flour (Cereal Containing Gluten: Rye), Salt, Rye Leaven (Cereal Containing Gluten: Rye), Deactivated and Dehydrated Rye Sourdough (Cereal Containing Gluten: Rye), Wheat Gluten (Cereal Containing Gluten: Wheat), Improver (Cereal Containing Gluten: Wheat), Vegan Egg Wash, Antioxidant (Ascorbic Acid)	Eggs, Cereals containing gluten: Wheat, Rye; Milk	Mustard, Soya	2 days
MILK BREAD with Sunflower Seeds	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Pasteurised Whole Egg , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole Milk Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Rye Flour (Cereal Containing Gluten: Rye), Salt, Rye Leaven (Cereal Containing Gluten: Rye), Deactivated and Dehydrated Rye Sourdough (Cereal Containing Gluten: Rye), Wheat Gluten (Cereal Containing Gluten: Wheat), Improver (Cereal Containing Gluten: Wheat), Vegan Egg Wash, Antioxidant (Ascorbic Acid), Sunflower Kernels	Eggs; Cereals containing gluten: Wheat; Milk	(Tree) Nuts, Mustard, Sesame, Soya, Sulphites	2 days
MILK BREAD with Poppy Seeds	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Pasteurised Whole Egg , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole Milk Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Rye Flour (Cereal Containing Gluten: Rye), Salt, Rye Leaven (Cereal Containing Gluten: Rye), Deactivated and Dehydrated Rye Sourdough (Cereal Containing Gluten: Rye), Wheat Gluten (Cereal Containing Gluten: Wheat), Improver (Cereal Containing Gluten: Wheat), Vegan Egg Wash, Antioxidant (Ascorbic Acid), Poppy Seeds	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Sesame, Soya	2 days
MILK BREAD with Mixed Seeds	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Pasteurised Whole Egg , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole Milk Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Rye Flour (Cereal Containing Gluten: Rye), Salt, Rye Leaven (Cereal Containing Gluten: Rye), Deactivated and Dehydrated Rye Sourdough (Cereal Containing Gluten: Rye), Wheat Gluten (Cereal Containing Gluten: Wheat), Improver (Cereal Containing Gluten: Wheat), Antioxidant	Eggs, Cereals containing gluten: Wheat; Milk	(Tree) Nuts, Celery, Gluten, Lupin, Milk, Mustard, Peanut, Sesame, Soya, Sulphites	2 days

Real

PÂTISSERIE

	(Ascorbic Acid), Vegan Egg Wash, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds, Pumpkin Seeds			
WHITE (V)	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Improver (Cereal Containing Gluten: Wheat), Yeast, Vegan Egg Wash	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days
WHITE Floured/Plain (V)	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Improver (Cereal Containing Gluten: Wheat), Yeast	Cereals containing gluten: Wheat	Milk, Soya	2 days
WHITE with Sunflower Seeds (V)	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Improver (Cereal Containing Gluten: Wheat), Yeast, Vegan Egg Wash, Sunflower Kernels	Cereals containing gluten: Wheat	(Tree) Nuts, Milk, Mustard, Sesame, Soya, Sulphites	2 days
WHITE with Poppy Seeds (V)	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Improver (Cereal Containing Gluten: Wheat), Yeast, Vegan Egg Wash, Poppy Seeds	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days
WHITE with Mixed Seeds (V)	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Improver (Cereal Containing Gluten: Wheat), Yeast, Vegan Egg Wash, Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days
WHITE BAPS with Cheese	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Improver (Cereal Containing Gluten: Wheat), Yeast, Emmental Cheese (Pasteurised Cows Milk , Salt, Starter, Vegetarian Rennet, Potato Starch)	Cereals containing gluten: Wheat; Milk	Soya	2 days
WHOLEMEAL (V)	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Cereal Containing Gluten: Wheat), Vegan Egg Wash	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days
WHOLEMEAL with Mixed Seeds (V)	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Cereal Containing Gluten: Wheat), Vegan Egg Wash, Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds	Cereals containing gluten: Wheat	Milk, (Tree) Nuts, Celery, Lupin, Mustard, Peanut, Sesame, Soya, Sulphites	2 days
LIGHT BRIOCHE	Wheat Flour (Cereals Containing Gluten: Wheat), Water, Butter (Milk), Sugar, Yeast, Salt, Vegan Egg Wash	Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days
LIGHT BRIOCHE with Sunflower Seeds	Wheat Flour (Cereals Containing Gluten: Wheat), Water, Butter (Milk), Sugar, Yeast, Salt, Vegan Egg Wash, Sunflower Kernels	Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days
LIGHT BRIOCHE with Poppy Seeds	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Butter (Milk), Sugar, Yeast, Salt, Vegan Egg Wash, Poppy Seeds	Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days



LIGHT BRIOCHE with Mixed Seeds	Wheat Flour (Cereals Containing Gluten: Wheat , Water, Butter (Milk), Sugar, Yeast, Salt, Vegan Egg Wash, Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds)	Cereals containing gluten: Wheat; Milk	(Tree) Nuts, Celery, Lupin, Mustard, Peanut, Sesame, Soya, Sulphites	2 days
PASTRIES				
CROISSANT	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Butter (Milk), Sugar, Dried Whole Milk Powder, Yeast, Salt, Vegan Egg Wash	Cereals containing gluten: Wheat; Milk	Soya	2 days
PAIN AU CHOCOLAT	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Butter (Milk), Water, Chocolate Batons (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Sugar, Dried Whole Milk Powder, Yeast, Salt, Vegan Egg Wash	Cereals containing gluten: Wheat; Milk; Soya		2 days
VEGAN CROISSANT	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Wheat Malt Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Water, Sugar, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Yeast, Salt, Vegan Egg Wash	Cereals containing gluten: Wheat	Milk, Soya	2 days
VEGAN PAIN AU CHOCOLAT	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Wheat Malt Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Water, Chocolate Batons (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Sugar, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Yeast, Salt, Vegan Egg Wash	Cereals containing gluten: Wheat; Soya	Milk	2 days
ALMOND CROISSANT	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Sugar, Butter (Milk), Water, Ground Almonds (Nuts: Almonds), Vegan Egg Wash, Icing Sugar, Dried Whole Milk Powder, Yeast, Salt	(Tree) Nuts: Almonds; Cereals containing gluten: Wheat, Barley; Milk	Peanut, Soya	2 days
ALMOND PAIN AU CHOCOLAT	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Sugar, Butter (Milk), Water, Ground Almonds (Nuts: Almonds), Vegan Egg Wash, Chocolate Batons (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Icing Sugar, Dried Whole Milk Powder, Yeast, Salt	(Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Barley; Milk; Soya	Peanut	2 days
PAIN AUX RAISINS	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Wheat Gluten , Antioxidant (Ascorbic Acid)), Pasteurised Whole Egg , Milk , Sultanas, Butter (Milk),	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Soya, Sulphites	2 days



Sugar, Water, Creme Patissiere Powder (Corn Starch, **Wheat** Starch (Cereal Containing **Gluten: Wheat**), Vanillin, Colouring: Beta-carotenes), Yeast, Salt

CHOCOLATE TWIST	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Belgian Chocolate Chips (Sugar, Cocoa Mass, Cocoa Butter, Dextrose, Emulsifier (Soya Lecithin)), Butter (Milk), Water, Milk , Sugar, Pasteurised Whole Egg , Dried Whole Milk Powder, Creme Patissiere Powder (Corn Starch, Wheat Starch (Cereal Containing Gluten: Wheat), Vanillin, Colouring: Beta-carotenes), Yeast, Salt	Eggs; Cereals containing gluten: Wheat; Milk; Soya	2 days	
APPLE DANISH	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Apples, Water, Sugar Glaze (Glucose-fructose Syrup, Water, Sugar, Fruit Puree, Gelling Agents, Citric Acid, Flavouring, Potassium Sorbate, Paprika Extract), Pasteurised Whole Egg , Flaked Almonds (Nuts: Almonds), Apple Compote (Apples, Sugar), Butter (Milk), Sugar, Dried Whole Milk Powder, Yeast, Creme Patissiere Powder (Sugar, Modified Starch, Skimmed Milk Powder, Full Cream Milk Powder, Vegetable Fat, Dried Glucose Syrup, Inulin, Stabilisers (E263, E450, E339), Emulsifiers (E472a, E471), Salt, Milk Protein, Colour Beta-carotene), Flavouring), Icing Sugar, Salt, Improver (Cereal Containing Gluten: Wheat), Ground Cinnamon	(Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Barley; Milk	Peanut, Soya	2 days
APRICOT DANISH	Water, Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Sugar Glaze (Glucose-fructose Syrup, Water, Sugar, Fruit Puree, Gelling Agents, Citric Acid, Flavouring, Potassium Sorbate, Paprika Extract), Apricot Halves (Apricots, Water, Sugar, Acidity Regulator (Citric Acid)), Creme Patissiere Powder (Sugar, Modified Starch, Skimmed Milk Powder, Full Cream Milk Powder, Vegetable Fat, Dried Glucose Syrup, Inulin, Stabilisers (E263, E450, E339), Emulsifiers (E472a, E471), Salt, Milk Protein, Colour (Beta-carotene), Flavouring), Pasteurised Whole Egg , Butter (Milk), Sugar, Dried Whole Milk Powder, Yeast, Salt, Improver (Cereal Containing Gluten: Wheat)	Eggs; Cereals containing gluten: Wheat, Barley; Milk	Soya	2 days
RED FRUIT DANISH	Water, Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Sugar Glaze (Glucose-fructose Syrup, Water, Sugar, Fruit Puree, Gelling Agents, Citric Acid, Flavouring, Potassium Sorbate, Paprika Extract), Creme Patissiere Powder (Sugar, Modified Starch, Skimmed Milk Powder, Full Cream Milk Powder, Vegetable Fat, Dried Glucose Syrup, Inulin, Stabilisers (E263, E450, E339), Emulsifiers (E472a, E471), Salt, Milk Protein, Colour (Beta-carotene), Flavouring), Raspberries, Pasteurised Whole Egg , Butter (Milk), Sugar, Dried Whole Milk Powder, Yeast, Salt, Improver (Cereal Containing Gluten: Wheat)	Eggs; Cereals containing gluten: Wheat, Barley; Milk	Soya	2 days

Real

PÂTISSERIE

CINNAMON DANISH	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Cinnamon Spread (Sugar, Wheat Flour (Cereal Containing Gluten: Wheat), Water, Vegetable Oils (Palm, Rapeseed), Humectant (Glycerol), Cinnamon, Salt, Preservative (Potassium Sorbate), Natural Flavouring) (Milk), Water, Pasteurised Whole Egg , Sugar, Butter (Milk), Dried Whole Milk Powder, Yeast, Salt, Improver (Cereal Containing Gluten: Wheat)	Eggs; Cereals containing gluten: Wheat, Barley; Milk	Soya	2 days
CHEESE STRAW	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Butter (Milk), Water, Emmental Cheese (Pasteurised Cows Milk , Salt, Starter, Vegetarian Rennet, Potato Starch), Salt, Pasteurised Whole Egg , Sea Salt Flakes, Black Pepper	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days
PATISSERIE				
ALMOND BITE	Sugar, Butter (Milk), Egg Whites (Egg Whites, Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Ground Almonds (Nuts: Almonds), Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Salt	(Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Barley; Milk	Peanut, Soya	2 days
PISTACHIO & RASPBERRY ALMOND BITE	Sugar, Butter (Milk), Egg Whites (Egg Whites, Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Ground Almonds (Nuts: Almonds), Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Pistachio Paste (Roasted Pistachios (Nuts: Pistachios), Colouring (E100, E141)), Raspberries, Salt	(Tree) Nuts: Almonds, Pistachios; Eggs; Cereals containing gluten: Wheat, Barley; Milk	Peanut, Soya	2 days
CHOCOLATE MOELLEAU	Pasteurised Whole Egg , Caster Sugar, Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin), Vanilla Extract), Butter (Milk), Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)),	Eggs; Cereals containing gluten: Wheat, Barley; Milk; Soya		2 days
TARTS				
APPLE (V)	Golden Delicious Apples, Apple Compote (Apples, Sugar), Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Sugar Glaze (Sugar, Water, Glucose Fructose Syrup, Gelling Agent (Pectins), Acidity Regulator (Citric Acid, Potassium Citrates, Calcium Phosphates), Preservative (Potassium Sorbate)), Water, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Salt	Cereals containing gluten: Wheat	Soya, Sulphites	2 days

Real

PÂTISSERIE

PEAR (V)	Tinned Pears (Pear Halves, Water, Sugar, Citric Acid (E330), Calcium Chloride (E509), Glucose-Fructose Syrup), Ground Almonds (Nuts: Almonds), Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Caster Sugar, Almond Milk (Water, Almond (2.3%) (Nuts: Almonds), Sugar, Calcium (Tri-Calcium Phosphate), Sea Salt, Stabilisers (Locust Bean Gum, Gellan Gum), Emulsifier (Lecithins (Sunflower)), Natural Flavouring, Vitamins (B2, B12, E, D2)), Sugar Glaze (Sugar, Water, Glucose Fructose Syrup, Gelling Agent (Pectins), Acidity Regulator (Citric Acid, Potassium Citrates, Calcium Phosphates), Preservative (Potassium Sorbate)), Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Icing Sugar, Cornflour, Apple Compote (Apples, Sugar), Sunflower Oil, Vanilla Extract (Ethanol), Almond Extract (Nuts: Almonds), Salt	(Tree) Nuts: Almonds; Cereals containing gluten: Wheat, Barley	Peanut, Sulphites	2 days
PEAR & CHOCOLATE	Tinned Pears (Pear Halves, Water, Sugar, Citric Acid (E330), Calcium Chloride (E509), Glucose-Fructose Syrup), Ground Almonds (Nuts: Almonds), Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Caster Sugar, Almond Milk (Water, Almond (2.3%) (Nuts: Almonds), Sugar, Calcium (Tri-Calcium Phosphate), Sea Salt, Stabilisers (Locust Bean Gum, Gellan Gum), Emulsifier (Lecithins (Sunflower)), Natural Flavouring, Vitamins (B2, B12, E, D2)), Sugar Glaze (Sugar, Water, Glucose Fructose Syrup, Gelling Agent (Pectins), Acidity Regulator (Citric Acid, Potassium Citrates, Calcium Phosphates), Preservative (Potassium Sorbate)), Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Icing Sugar, Whipping Cream (Milk), Cornflour, Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin), Vanilla Extract), Apple Compote (Apples, Sugar), Sunflower Oil, Water, Glucose Syrup, Cocoa Powder (Cocoa Powder, Acidity Regulator: E501i), Vanilla Extract (Ethanol), Almond Extract (Nuts: Almonds), Pork Gelatine, Salt	(Tree) Nuts: Almonds; Cereals containing gluten: Wheat, Barley; Milk	Peanut, Soya, Sulphites	2 days
LEMON MERINGUE	Sugar, Butter (Milk), Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Pasteurised Whole Egg , Egg Whites (Egg Whites, Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Caster Sugar, Icing Sugar, Concentrated Lemon Juice (Sulphites), Water, Lemon Zest, Salt	Eggs; Cereals containing gluten: Wheat, Barley; Milk	Soya	2 days
BLACKBERRY (V)	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Blackberries, Caster Sugar, Raspberry Puree, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower	(Tree) Nuts: Almonds; Cereals containing gluten: Wheat, Barley	Peanut, Sulphites	1 day



Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Sugar Glaze (Sugar, Water, Glucose Fructose Syrup, Gelling Agent (Pectins), Acidity Regulator (Citric Acid, Potassium Citrates, Calcium Phosphates), Preservative (Potassium Sorbate)), Icing Sugar, Apple Compote (Apples, Sugar), Cornflour, Ground **Almonds** (Nuts: **Almonds**), Salt

BLACK FOREST

Wheat Flour (**Wheat** Flour (Cereal Containing **Gluten: Wheat**), Antioxidant (Ascorbic Acid)), Whipping Cream (**Milk**), Butter (**Milk**), Amarena Cherries, Icing Sugar, Mascarpone Cheese (Cream (**Milk**), **Milk**, Acidity Regulator (Lactic Acid)), Pasteurised Whole **Egg**, Caster Sugar, Kirsch (Alcohol), Vanilla Extract (Ethanol), Salt, Pork Gelatine

Eggs, Gluten, Milk

Soya

2 days

ENGLISH CAKES

HARVEY'S PORTER CAKE

Butter (**Milk**), Icing Sugar, Caster Sugar, Organic Wheat Flour (Cereal Containing **Gluten: Wheat**), Harvey's Porter ((Cereals Containing **Gluten: Wheat, Barley**), Alcohol), Cream Cheese (Full Fat Soft Cheese (**Milk**), Salt, Stabiliser (Locust Bean Gum), Citric Acid), Free Range **Eggs, Milk**, Cocoa Powder, Bicarbonate of Soda, Baking Powder (Cereal Containing **Gluten: Wheat**), Vanilla Extract (Ethanol)

Eggs; Cereals containing gluten: Wheat, Barley; Milk

Soya

7 days

TUNISIAN ORANGE CAKE

Free Range **Eggs**, Caster Sugar, Vegetable Oil, Ground **Almonds** (Nuts: **Almonds**), Breadcrumbs (**Wheat** Flour (Cereal Containing **Gluten: Wheat**), Water, Salt, Yeast), Lemon Juice, Fresh Orange Juice, Baking Powder (**Cereal Containing Gluten: Wheat**), Orange Oil, Ground Cinnamon

(Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Rye, Barley

Milk, Peanut, Soya

7 days

CARROT CAKE

Carrots, Organic Wheat Flour (Cereal Containing **Gluten: Wheat**), Caster Sugar, Icing Sugar, Sunflower Oil, Free Range **Eggs, Walnuts** (Nuts: **Walnuts**), Cream Cheese (Full Fat Soft Cheese (**Milk**), Salt, Stabiliser (Locust Bean Gum), Citric Acid), Desiccated Coconut, Butter (**Milk**), Baking Powder (Cereal Containing **Gluten: Wheat**), Bicarbonate of Soda, Mixed Spice

(Tree) Nuts; Eggs; Cereal containing gluten: Wheat; Milk

Soya

7 days

NUTTY APRICOT LOAF (V)

Caster Sugar, Organic Wheat Flour (Organic **Wheat** Flour (**Cereal Containing Gluten: Wheat**)), **Soya** Milk (**Soya** Base (Water, Hulled **Soya** Beans), Sugar, Acidity Regulator (Potassium Phosphate), Calcium Carbonate, Flavouring, Sea Salt, Stabiliser (Gellan Gum), Potassium Iodide, Vitamins (B2, B12, D2)), Vegetable Oil, Tinned Apricots (Apricots, Water, Sugar, Acidity Regulator (Citric Acid)), Praline Paste (**Hazelnuts** (Nuts: **Hazelnuts**), Sugar, Emulsifier (**Soya** Lecithin)), Dark Chocolate 54% (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (**Soya** Lecithin), Vanilla Extract), Dried Apricot (**Sulphites**), Vegan

(Tree) Nuts: Hazelnuts; Cereals containing gluten: Wheat; Soya; Sulphites

Milk

7 days

Real

PÂTISSERIE

Margarine (Vegetable Oils (Sunflower, Palm, Linseed), Water, Salt, Natural Flavouring, Vitamin E, Natural Colour (Carotenes)), Lemon Juice, Coconut Oil, Agave Syrup, **Hazelnuts** (Nuts: **Hazelnuts**), Baking Powder (**Cereal Containing Gluten: Wheat**), Vanilla Extract

CARAMEL BANANA LOAF

Bananas, Organic **Wheat** Flour (Cereal Containing **Gluten: Wheat**), Icing Sugar, Caster Sugar, Margarine (Vegetable Oils (Sustainable Palm, Rapeseed), Buttermilk (**Milk**), Water, Salt, Natural Flavouring, Colour (Carotenes)), Free Range **Eggs**, Sultanas (Sultanas, Sunflower Oil), **Walnuts**, Light Muscovado Sugar, Butter (**Milk**), **Milk**, Whisky (Alcohol), Black Tea, Baking Powder (**Cereal Containing Gluten: Wheat**), Vanilla Extract, Bicarbonate of Soda

(Tree) Nuts: Walnuts; Eggs;
Cereals containing gluten:
Wheat; Milk

Soya

7 days

CRANBERRY & PUMPKIN SEED FLAPJACK

Light Muscovado Sugar, Vegan Margarine (Sunflower Oil, Sustainable Palm Oil, Linseed Oil, Water, Salt, Natural Flavouring, Vitamin E, Natural Colour (Carotenes)), **Oats** (Cereal Containing **Gluten: Oats**), Desiccated Coconut, Organic Gluten-free Flour (Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat)), Dried Cranberries, Dried Apricot (**Sulphites**), Pumpkin Seeds, Poppy Seeds, Golden Syrup

Cereal containing gluten: Oat;
Sulphites

(Tree) Nuts, Peanut,
Sesame, Soya

7 days

SALTED FUDGE BROWNIE

Caster Sugar, Butter (**Milk**), Free Range **Eggs**, Dark Chocolate 54% (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (**Soya** Lecithin), Vanilla Extract), Organic Gluten-free Flour (Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat)), Cocoa Powder, Sea Salt Flakes, Salt

Eggs; Milk; Soya

Gluten

7 days



SAVOURY

QUICHE LORRAINE

Quiche Pastry (**Wheat** Flour (**Cereal Containing Gluten: Wheat**), Butter (**Milk**), Water, Salt), **Milk**, Pasteurised Whole **Egg**, Bacon (15%) (Pork Belly, Salt, Glucose, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Ham Ends (12%), Whipping Cream (**Milk**), Mature Cheddar (**Milk**), **Egg** Yolks (**Egg** Yolk, Citric Acid (E330), Preservative (E202)), Black Pepper

Eggs; Cereals containing gluten: Wheat; Milk

Mustard, Soya

2 days

QUICHE VEGETARIAN

Quiche Pastry (**Wheat** Flour (**Cereal Containing Gluten: Wheat**), Butter (**Milk**), Water, Salt), **Milk**, Pasteurised Whole **Egg**, Carrots, Leeks, Whipping Cream (**Milk**), Mushrooms, **Egg** Yolks (**Egg** Yolk, Citric Acid (E330), Preservative (E202))

Eggs; Cereals containing gluten: Wheat; Milk

Mustard, Soya

2 days
