



## Real Patisserie Allergen and Ingredient List – October 2024

(Please note: All products are prepared in an environment where gluten, walnuts, hazelnuts, almonds, sesame, eggs, milk and soya are present)

SPECIALITY LOAVES	Ingredients	Allergens (Contains)	Allergens (May contain)	Shelf Life
<b>CHEWY BROWN</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, <b>Rye</b> Flour (Cereal Containing <b>Gluten: Rye</b> ), <b>Rye</b> Leaven (Cereal Containing <b>Gluten: Rye</b> ), Deactivated and Dehydrated <b>Rye</b> Sourdough (Cereal Containing <b>Gluten: Rye</b> ), <b>Wheat</b> Gluten (Cereal Containing <b>Gluten: Wheat</b> ), Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye	Eggs, Milk, Sesame	2 days
<b>NUTTY CHEWY</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, <b>Rye</b> Flour (Cereal Containing <b>Gluten: Rye</b> ), <b>Rye</b> Leaven (Cereal Containing <b>Gluten: Rye</b> ), Deactivated and Dehydrated <b>Rye</b> Sourdough (Cereal Containing <b>Gluten: Rye</b> ), <b>Wheat</b> Gluten (Cereal Containing <b>Gluten: Wheat</b> ), <b>Walnuts</b> (Nuts: <b>Walnuts</b> ), <b>Hazelnuts</b> (Nuts: <b>Hazelnuts</b> ), Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye; (Tree) Nuts: Walnuts, Hazelnuts	Eggs, Milk, Sesame	2 days
<b>FRUITY CHEWY</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, <b>Rye</b> Flour (Cereal Containing <b>Gluten: Rye</b> ), <b>Rye</b> Leaven (Cereal Containing <b>Gluten: Rye</b> ), Deactivated and Dehydrated <b>Rye</b> Sourdough (Cereal Containing <b>Gluten: Rye</b> ), <b>Wheat</b> Gluten (Cereal Containing <b>Gluten: Wheat</b> ), Sultanas, Dried Apricot ( <b>Sulphites</b> ), Dried Cranberries, Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye; Sulphites	Eggs, Milk, Sesame	2 days
<b>CHEWY WHITE</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, <b>Rye</b> Flour (Cereal Containing <b>Gluten: Rye</b> ), Salt, Yeast, <b>Rye</b> Malt Flour (Cereal Containing <b>Gluten: Rye</b> ), Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye	Soya	2 days
<b>STONEGROUND SOURDOUGH</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, <b>Rye</b> Flour (Cereal Containing <b>Gluten: Rye</b> ), Salt, Yeast, <b>Rye</b> Malt Flour (Cereal Containing <b>Gluten: Rye</b> ), Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye		2 days
<b>WHITE SOURDOUGH</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, <b>Rye</b> Flour (Cereal Containing <b>Gluten: Rye</b> ), Salt, <b>Rye</b> Malt Flour (Cereal Containing <b>Gluten: Rye</b> ), Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye	Soya	2 days
<b>SEEDED SOURDOUGH</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, <b>Rye</b> Flour (Cereal Containing <b>Gluten: Rye</b> ), Salt, <b>Rye</b> Malt Flour (Cereal Containing <b>Gluten: Rye</b> ), Sunflower Kernels, Golden Linseeds, Brown Linseeds, Pumpkin Seeds, Organic Hulled Millet Seeds, Poppy Seeds, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye	(Tree) Nuts, Celery, Lupin, Mustard, Peanut, Sesame, Soya, Sulphites	2 days

# Real

## PÂTISSERIE

<b>FRENCH COB</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Salt, Yeast	Cereals containing gluten: Wheat		2 days
<b>MULTICEREAL</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Salt, Yeast, <b>Sesame</b> Seeds, Sunflower Seeds, Brown Linseeds, Yellow Linseeds, <b>Rye</b> Flour (Cereal Containing <b>Gluten: Rye</b> ), <b>Oatmeal</b> (Cereal Containing <b>Gluten: Oat</b> ), <b>Barley</b> Flour (Cereal Containing <b>Gluten: Barley</b> ), <b>Barley</b> Flour (Cereal Containing <b>Gluten: Barley</b> ), Antioxidant (Ascorbic Acid), Roasted <b>Barley</b> Malt (Cereal Containing <b>Gluten: Barley</b> ), Malted <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Emulsifier (E472e)	Cereals containing gluten: Wheat, Barley, Oat; Sesame	Eggs, Milk, Soya	2 days
<b>HONEY &amp; SPELT</b>	Spelt Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Yeast, Sunflower Seeds, Coarsely-ground <b>Lupin</b> Seeds, <b>Sesame</b> , Spelt Flakes (Cereal Containing <b>Gluten: Wheat</b> ), Baker's Honey, Sugar, Dextrose, Thickeners (E412), <b>Barley</b> Malt Extract (Cereal Containing <b>Gluten: Wheat</b> ), Emulsifier (E472e), Acidity Regulators (R339, E340), Flavouring, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Barley; Lupin; Sesame	Eggs, Milk, Mustard, Soya	2 days
<b>RYE SOURDOUGH</b>	<b>Rye</b> Flour (Cereal Containing <b>Gluten: Rye</b> ), Water, Salt, Yeast, Antioxidant (Ascorbic Acid), <b>Rye</b> Malt Flour (Cereal Containing <b>Gluten: Rye</b> )	Cereals containing gluten: Rye		2 days
<b>NORDIC</b>	Water, <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), <b>Rye</b> Flour (Cereal Containing <b>Gluten: Rye</b> ), <b>Sesame</b> Seeds, Sunflower Seeds, Brown Linseeds, Yellow Linseeds, Sunflower Kernels, Pumpkin Seeds, <b>Soy</b> Grits, Cracked <b>Rye</b> (Cereal Containing <b>Gluten: Rye</b> ), Organic Hulled Millet Seeds, Molasses, Sugar, Salt, Yeast, <b>Oatmeal</b> , (Cereal Containing <b>Gluten: Oat</b> ), <b>Barley</b> Flour (Cereal Containing <b>Gluten: Barley</b> ), <b>Wheat</b> Flour, Roasted <b>Barley</b> Malt (Cereal Containing <b>Gluten: Barley</b> ), Malted <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), <b>Rye</b> Malt Flour (Cereal Containing <b>Gluten: Rye</b> ), Black Pepper, Antioxidant (Ascorbic Acid), Emulsifier (E472e)	Cereals containing gluten: Wheat, Barley, Rye, Oat; Soya; Sesame	(Tree) Nuts, Celery, Eggs, Milk, Mustard, Peanut, Sulphites	2 days
<b>FOCACCIA Herb</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Potato Flakes, Extra Virgin Olive Oil, Dried Thyme, Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat		2 days
<b>FOCACCIA Green and Black Olive</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Potato Flakes, Extra Virgin Olive Oil, Green Olives, Black Olives, Dried Thyme, Salt, Yeast, Brine, Sunflower Oil, Herbs de Provence, Antioxidant (Ascorbic Acid), Citric Acid	Cereals containing gluten: Wheat		2 days
<b>FOCACCIA Cheese and Red Onion</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Potato Flakes, Emmental Cheese (Pasteurised Cow's <b>Milk</b> , Salt, Starter, Vegetarian Rennet, Potato Starch), Red Onion, Extra Virgin Olive Oil, Dried Rosemary, Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat; Milk		2 days
<b>CIABATTA</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Salt, Extra Virgin Olive Oil, Yeast	Cereals containing gluten: Wheat	Soya	2 days



## SANDWICH LOAVES

<b>WHITE</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Cereal Containing <b>Gluten: Wheat</b> )	Cereals containing gluten: Wheat	Milk, Soya	2 days
<b>WHOLEMEAL</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Cereal Containing <b>Gluten: Wheat</b> )	Cereals containing gluten: Wheat	Milk, Soya	2 days
<b>WHOLEMEAL with Mixed Seed</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Cereal Containing <b>Gluten: Wheat</b> ), Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds	Cereals containing gluten: Wheat	(Tree) Nuts, Celery, Gluten, Lupin, Milk, Mustard, Peanut, Sesame, Soya, Sulphites	2 days
<b>LIGHTGRAIN</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Malted <b>Wheat</b> Flakes (Cereal Containing <b>Gluten: Wheat</b> ), Malted <b>Barley</b> (Cereal Containing <b>Gluten: Barley</b> ), Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Cereal Containing <b>Gluten: Wheat</b> )	Cereals containing gluten: Wheat, Barley	Milk, Soya	2 days

## BAGUETTES

<b>WHITE BAGUETTE</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Barley	Milk, Soya	2 days
<b>WHITE BAGUETTE with Sunflower Seeds</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Salt, Yeast, Sunflower Kernels, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Barley	(Tree) Nuts, Milk, Mustard, Sesame, Soya, Sulphites	2 days
<b>WHITE BAGUETTE with Poppy Seeds</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Salt, Yeast, Poppy Seeds, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Barley	Milk, Mustard, Soya	2 days
<b>TRADITIONAL BAGUETTE</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, <b>Rye</b> Flour (Cereal Containing <b>Gluten: Rye</b> ), <b>Rye</b> Malt Flour (Cereal Containing <b>Gluten: Rye</b> ), <b>Wheat Gluten</b> (Cereal Containing <b>Gluten: Wheat</b> ), Malted <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye	Soya	2 days
<b>WHITE SOFT HALF BAGUETTE (V)</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Improver (Cereal Containing <b>Gluten: Wheat</b> ), Yeast	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days



## BAPS AND BUNS

<b>MILK BREAD</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Pasteurised Whole <b>Egg</b> , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole <b>Milk</b> Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), <b>Rye</b> Flour (Cereal Containing <b>Gluten: Rye</b> ), Salt, <b>Rye</b> Leaven (Cereal Containing <b>Gluten: Rye</b> ), Deactivated and Dehydrated <b>Rye</b> Sourdough (Cereal Containing <b>Gluten: Rye</b> ), <b>Wheat Gluten</b> (Cereal Containing <b>Gluten: Wheat</b> ), Improver (Cereal Containing <b>Gluten: Wheat</b> ), Vegan Egg Wash, Antioxidant (Ascorbic Acid)	Eggs, Cereals containing gluten: Wheat, Rye; Milk	Mustard, Soya	2 days
<b>MILK BREAD with Sunflower Seeds</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Pasteurised Whole <b>Egg</b> , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole <b>Milk</b> Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), <b>Rye</b> Flour (Cereal Containing <b>Gluten: Rye</b> ), Salt, <b>Rye</b> Leaven (Cereal Containing <b>Gluten: Rye</b> ), Deactivated and Dehydrated <b>Rye</b> Sourdough (Cereal Containing <b>Gluten: Rye</b> ), <b>Wheat Gluten</b> (Cereal Containing <b>Gluten: Wheat</b> ), Improver (Cereal Containing <b>Gluten: Wheat</b> ), Vegan Egg Wash, Antioxidant (Ascorbic Acid), Sunflower Kernels	Eggs; Cereals containing gluten: Wheat; Milk	(Tree) Nuts, Mustard, Sesame, Soya, Sulphites	2 days
<b>MILK BREAD with Poppy Seeds</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Pasteurised Whole <b>Egg</b> , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole <b>Milk</b> Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), <b>Rye</b> Flour (Cereal Containing <b>Gluten: Rye</b> ), Salt, <b>Rye</b> Leaven (Cereal Containing <b>Gluten: Rye</b> ), Deactivated and Dehydrated <b>Rye</b> Sourdough (Cereal Containing <b>Gluten: Rye</b> ), <b>Wheat Gluten</b> (Cereal Containing <b>Gluten: Wheat</b> ), Improver (Cereal Containing <b>Gluten: Wheat</b> ), Vegan Egg Wash, Antioxidant (Ascorbic Acid), Poppy Seeds	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Sesame, Soya	2 days
<b>MILK BREAD with Mixed Seeds</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Pasteurised Whole <b>Egg</b> , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole <b>Milk</b> Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), <b>Rye</b> Flour (Cereal Containing <b>Gluten: Rye</b> ), Salt, <b>Rye</b> Leaven (Cereal Containing <b>Gluten: Rye</b> ), Deactivated and Dehydrated <b>Rye</b> Sourdough (Cereal Containing <b>Gluten: Rye</b> ), <b>Wheat Gluten</b> (Cereal Containing <b>Gluten: Wheat</b> ), Improver (Cereal Containing <b>Gluten: Wheat</b> ), Antioxidant	Eggs, Cereals containing gluten: Wheat; Milk	(Tree) Nuts, Celery, Gluten, Lupin, Milk, Mustard, Peanut, Sesame, Soya, Sulphites	2 days



	(Ascorbic Acid), Vegan Egg Wash, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds, Pumpkin Seeds			
<b>WHITE (V)</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Improver (Cereal Containing <b>Gluten: Wheat</b> ), Yeast, Vegan Egg Wash	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days
<b>WHITE Floured/Plain (V)</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Improver (Cereal Containing <b>Gluten: Wheat</b> ), Yeast	Cereals containing gluten: Wheat	Milk, Soya	2 days
<b>WHITE with Sunflower Seeds (V)</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Improver (Cereal Containing <b>Gluten: Wheat</b> ), Yeast, Vegan Egg Wash, Sunflower Kernels	Cereals containing gluten: Wheat	(Tree) Nuts, Milk, Mustard, Sesame, Soya, Sulphites	2 days
<b>WHITE with Poppy Seeds (V)</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Improver (Cereal Containing <b>Gluten: Wheat</b> ), Yeast, Vegan Egg Wash, Poppy Seeds	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days
<b>WHITE with Mixed Seeds (V)</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Improver (Cereal Containing <b>Gluten: Wheat</b> ), Yeast, Vegan Egg Wash, Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days
<b>WHITE with Cheese</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Improver (Cereal Containing <b>Gluten: Wheat</b> ), Yeast, Emmental Cheese (Pasteurised Cows <b>Milk</b> , Salt, Starter, Vegetarian Rennet, Potato Starch)	Cereals containing gluten: Wheat; Milk	Soya	2 days
<b>WHOLEMEAL (V)</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Cereal Containing <b>Gluten: Wheat</b> ), Vegan Egg Wash	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days
<b>WHOLEMEAL with Mixed Seeds (V)</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Cereal Containing <b>Gluten: Wheat</b> ), Vegan Egg Wash, Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds	Cereals containing gluten: Wheat	Milk, (Tree) Nuts, Celery, Lupin, Mustard, Peanut, Sesame, Soya, Sulphites	2 days
<b>LIGHT BRIOCHE</b>	<b>Wheat</b> Flour (Cereals Containing <b>Gluten: Wheat</b> ), Water, Butter ( <b>Milk</b> ), Sugar, Improver (Cereal Containing <b>Gluten: Wheat</b> ), Yeast, Salt, Vegan Egg Wash	Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days
<b>LIGHT BRIOCHE with Sunflower Seeds</b>	<b>Wheat</b> Flour (Cereals Containing <b>Gluten: Wheat</b> ), Water, Butter ( <b>Milk</b> ), Sugar, Improver (Cereal Containing <b>Gluten: Wheat</b> ), Yeast, Salt, Vegan Egg Wash, Sunflower Kernels	Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days
<b>LIGHT BRIOCHE with Poppy Seeds</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Butter ( <b>Milk</b> ), Sugar, Improver (Cereal Containing <b>Gluten: Wheat</b> ), Yeast, Salt, Vegan Egg Wash, Poppy Seeds	Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days
<b>LIGHT BRIOCHE with Mixed Seeds</b>	<b>Wheat</b> Flour (Cereals Containing <b>Gluten: Wheat</b> ), Water, Butter ( <b>Milk</b> ), Sugar, Improver (Cereal Containing <b>Gluten: Wheat</b> ), Yeast, Salt, Vegan Egg Wash, Pumpkin Seeds,	Cereals containing gluten: Wheat; Milk	(Tree) Nuts, Celery, Lupin, Mustard,	2 days



	Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds		Peanut, Sesame, Soya, Sulphites	
<b>BRIOCHE</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Pasteurised Whole <b>Egg</b> , Butter ( <b>Milk</b> ), Sugar, Yeast, Glucose Syrup, Salt	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days
<b>BRIOCHE with Poppy Seeds</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Pasteurised Whole <b>Egg</b> , Butter ( <b>Milk</b> ), Sugar, Yeast, Glucose Syrup, Salt, Vegan Egg Wash, Poppy Seeds	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days
<b>BRIOCHE with Sunflower Seeds</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Pasteurised Whole <b>Egg</b> , Butter ( <b>Milk</b> ), Sugar, Yeast, Glucose Syrup, Salt, Vegan Egg Wash, Sunflower Seeds	Eggs; Cereals containing gluten: Wheat; Milk	(Tree) Nuts, Mustard, Sesame, Soya, Sulphites	2 days
<b>BRIOCHE with Mixed Seeds</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Pasteurised Whole <b>Egg</b> , Butter ( <b>Milk</b> ), Sugar, Yeast, Glucose Syrup, Salt, Vegan Egg Wash, Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds	Eggs; Cereals containing gluten: Wheat; Milk	(Tree) Nuts, Celery, Lupin, Mustard, Peanut, Sesame, Soya, Sulphites	2 days
<b>PASTRIES</b>				
<b>CROISSANT</b>	<b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, <b>Wheat</b> Flour ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Antioxidant (Ascorbic Acid)), Butter ( <b>Milk</b> ), Sugar, Dried Whole <b>Milk</b> Powder, Yeast, Salt, Vegan Egg Wash	Cereals containing gluten: Wheat; Milk	Soya	2 days
<b>PAIN AU CHOCOLAT</b>	<b>Wheat</b> Flour ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Antioxidant (Ascorbic Acid)), Butter ( <b>Milk</b> ), Water, Chocolate Batons (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier ( <b>Soya</b> Lecithin), Natural Vanilla Flavouring), Sugar, Dried Whole <b>Milk</b> Powder, Yeast, Salt, Vegan Egg Wash	Cereals containing gluten: Wheat; Milk; Soya		2 days
<b>VEGAN CROISSANT</b>	<b>Wheat</b> Flour ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), <b>Wheat</b> Malt Flour (Cereal Containing <b>Gluten: Wheat</b> ), Antioxidant (Ascorbic Acid)), Water, Sugar, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Yeast, Salt, Vegan Egg Wash	Cereals containing gluten: Wheat	Milk, Soya	2 days
<b>VEGAN PAIN AU CHOCOLAT</b>	<b>Wheat</b> Flour ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), <b>Wheat</b> Malt Flour (Cereal Containing <b>Gluten: Wheat</b> ), Antioxidant (Ascorbic Acid)), Water, Chocolate Batons (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier ( <b>Soya</b> Lecithin), Natural Vanilla Flavouring), Sugar, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Yeast, Salt, Vegan Egg Wash	Cereals containing gluten: Wheat; Soya	Milk	2 days

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<b>ALMOND CROISSANT</b>	<b>Wheat</b> Flour ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Antioxidant (Ascorbic Acid)), Sugar, Butter ( <b>Milk</b> ), Water, Ground <b>Almonds</b> (Nuts: <b>Almonds</b> ), Vegan Egg Wash, Icing Sugar, Dried Whole <b>Milk</b> Powder, Yeast, Salt	(Tree) Nuts: Almonds; Cereals containing gluten: Wheat, Barley; Milk	Peanut, Soya	2 days
<b>ALMOND PAIN AU CHOCOLAT</b>	<b>Wheat</b> Flour ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Antioxidant (Ascorbic Acid)), Sugar, Butter ( <b>Milk</b> ), Water, Ground <b>Almonds</b> (Nuts: <b>Almonds</b> ), Vegan Egg Wash, Chocolate Batons (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier ( <b>Soya</b> Lecithin), Natural Vanilla Flavouring), Icing Sugar, Dried Whole <b>Milk</b> Powder, Yeast, Salt	(Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Barley; Milk; Soya	Peanut	2 days
<b>PAIN AUX RAISINS</b>	<b>Wheat</b> Flour ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), <b>Wheat Gluten</b> , Antioxidant (Ascorbic Acid)), Pasteurised Whole <b>Egg</b> , <b>Milk</b> , Sultanas, Butter ( <b>Milk</b> ), Sugar, Water, Creme Patissiere Powder (Corn Starch, <b>Wheat</b> Starch (Cereal Containing <b>Gluten: Wheat</b> ), Vanillin, Colouring: Beta-carotenes), Yeast, Salt	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Soya, Sulphites	2 days
<b>CHOCOLATE TWIST</b>	<b>Wheat</b> Flour ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Antioxidant (Ascorbic Acid)), Belgian Chocolate Chips (Sugar, Cocoa Mass, Cocoa Butter, Dextrose, Emulsifier ( <b>Soya</b> Lecithin)), Butter ( <b>Milk</b> ), Water, <b>Milk</b> , Sugar, Pasteurised Whole <b>Egg</b> , Dried Whole <b>Milk</b> Powder, Creme Patissiere Powder (Corn Starch, <b>Wheat</b> Starch (Cereal Containing <b>Gluten: Wheat</b> ), Vanillin, Colouring: Beta-carotenes), Yeast, Salt	Eggs; Cereals containing gluten: Wheat; Milk; Soya		2 days
<b>APPLE DANISH</b>	Wheat Flour ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Antioxidant (Ascorbic Acid)), Apples, Water, Sugar Glaze (Glucose-fructose Syrup, Water, Sugar, Fruit Puree, Gelling Agents, Citric Acid, Flavouring, Potassium Sorbate, Paprika Extract), Pasteurised Whole <b>Egg</b> , Flaked <b>Almonds</b> (Nuts: <b>Almonds</b> ), Apple Compote (Apples, Sugar), Butter ( <b>Milk</b> ), Sugar, Dried Whole <b>Milk</b> Powder, Yeast, Creme Patissiere Powder (Sugar, Modified Starch, Skimmed <b>Milk</b> Powder, Full Cream <b>Milk</b> Powder, Vegetable Fat, Dried Glucose Syrup, Inulin, Stabilisers (E263, E450, E339), Emulsifiers (E472a, E471), Salt, <b>Milk</b> Protein, Colour Beta-carotene), Flavouring), Icing Sugar, Salt, Improver (Cereal Containing <b>Gluten: Wheat</b> ), Ground Cinnamon	(Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Barley; Milk	Peanut, Soya	2 days
<b>APRICOT DANISH</b>	Water, <b>Wheat</b> Flour ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Antioxidant (Ascorbic Acid)), Sugar Glaze (Glucose-fructose Syrup, Water, Sugar, Fruit Puree, Gelling Agents, Citric Acid, Flavouring, Potassium Sorbate, Paprika Extract), Apricot Halves (Apricots, Water, Sugar, Acidity Regulator (Citric Acid)), Creme Patissiere Powder (Sugar, Modified Starch, Skimmed <b>Milk</b> Powder, Full Cream <b>Milk</b> Powder, Vegetable Fat, Dried Glucose Syrup, Inulin, Stabilisers (E263, E450, E339), Emulsifiers (E472a, E471), Salt, <b>Milk</b> Protein, Colour (Beta-carotene), Flavouring), Pasteurised Whole <b>Egg</b> , Butter ( <b>Milk</b> ), Sugar, Dried Whole <b>Milk</b> Powder, Yeast, Salt, Improver (Cereal Containing <b>Gluten: Wheat</b> )	Eggs; Cereals containing gluten: Wheat, Barley; Milk	Soya	2 days

# Real

## PÂTISSERIE

<b>RED FRUIT DANISH</b>	Water, <b>Wheat</b> Flour ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Antioxidant (Ascorbic Acid)), Sugar Glaze (Glucose-fructose Syrup, Water, Sugar, Fruit Puree, Gelling Agents, Citric Acid, Flavouring, Potassium Sorbate, Paprika Extract), Creme Patissiere Powder (Sugar, Modified Starch, Skimmed <b>Milk</b> Powder, Full Cream <b>Milk</b> Powder, Vegetable Fat, Dried Glucose Syrup, Inulin, Stabilisers (E263, E450, E339), Emulsifiers (E472a, E471), Salt, <b>Milk</b> Protein, Colour (Beta-carotene), Flavouring), Raspberries, Pasteurised Whole <b>Egg</b> , Butter ( <b>Milk</b> ), Sugar, Dried Whole <b>Milk</b> Powder, Yeast, Salt, Improver (Cereal Containing <b>Gluten: Wheat</b> )	Eggs; Cereals containing gluten: Wheat, Barley; Milk	Soya	2 days
<b>CINNAMON DANISH</b>	<b>Wheat</b> Flour ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Antioxidant (Ascorbic Acid)), Cinnamon Spread (Sugar, <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Water, Vegetable Oils (Palm, Rapeseed), Humectant (Glycerol), Cinnamon, Salt, Preservative (Potassium Sorbate), Natural Flavouring) ( <b>Milk</b> ), Water, Pasteurised Whole <b>Egg</b> , Sugar, Butter ( <b>Milk</b> ), Dried Whole <b>Milk</b> Powder, Yeast, Salt, Improver (Cereal Containing <b>Gluten: Wheat</b> )	Eggs; Cereals containing gluten: Wheat, Barley; Milk	Soya	2 days
<b>CHEESE STRAW</b>	<b>Wheat</b> Flour ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Antioxidant (Ascorbic Acid)), Butter ( <b>Milk</b> ), Water, Emmental Cheese (Pasteurised Cows <b>Milk</b> , Salt, Starter, Vegetarian Rennet, Potato Starch), Salt, Pasteurised Whole <b>Egg</b> , Sea Salt Flakes, Black Pepper	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days
<b>PATISSERIE</b>				
<b>ALMOND BITE</b>	Sugar, Butter ( <b>Milk</b> ), <b>Egg</b> Whites ( <b>Egg</b> Whites, Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Ground <b>Almonds</b> (Nuts: <b>Almonds</b> ), <b>Wheat</b> Flour ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Antioxidant (Ascorbic Acid)), Salt	(Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Barley; Milk	Peanut, Soya	2 days
<b>PISTACHIO &amp; RASPBERRY ALMOND BITE</b>	Sugar, Butter ( <b>Milk</b> ), <b>Egg</b> Whites ( <b>Egg</b> Whites, Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Ground <b>Almonds</b> (Nuts: <b>Almonds</b> ), <b>Wheat</b> Flour ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Antioxidant (Ascorbic Acid)), <b>Pistachio</b> Paste (Roasted <b>Pistachios</b> (Nuts: <b>Pistachios</b> ), Colouring (E100, E141)), Raspberries, Salt	(Tree) Nuts: Almonds, Pistachios; Eggs; Cereals containing gluten: Wheat, Barley; Milk	Peanut, Soya	2 days
<b>ORANGE BITE</b>	Sugar, Butter ( <b>Milk</b> ), <b>Egg</b> Whites ( <b>Egg</b> Whites, Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Ground <b>Almonds</b> (Nuts: <b>Almonds</b> ), <b>Wheat</b> Flour ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), <b>Wheat</b> Gluten (Cereal Containing <b>Gluten: Wheat</b> ), Antioxidant (Ascorbic Acid)), Orange Zest, Salt, Orange Oil	(Tree) Nuts, Eggs, Cereals containing gluten: Wheat; Milk	Peanut, Sesame, Soya	2 days
<b>VEGAN COOKIE</b>	<b>Wheat</b> Flour ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), <b>Wheat</b> Gluten (Cereal Containing <b>Gluten: Wheat</b> ), Antioxidant (Ascorbic Acid)), Light Muscovado Sugar, Dark	Cereals containing gluten: Wheat; Soya	Eggs, Milk, Sesame, Soya	2 days





Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (**Soya Lecithin**), Vanilla Extract), Margarine (Vegetable Oils and Fats, Water, Salt, Emulsifier, Citric Acid, Flavouring, Carotenes), Cornflour, Water, Baking Powder (Cereal Containing **Gluten: Wheat**), Bicarbonate of Soda, Salt

## TARTS

### APPLE (V)

Golden Delicious Apples, Apple Compote (Apples, Sugar), **Wheat Flour (Wheat Flour (Cereal Containing **Gluten: Wheat**), Antioxidant (Ascorbic Acid)), Sugar Glaze (Sugar, Water, Glucose Fructose Syrup, Gelling Agent (Pectins), Acidity Regulator (Citric Acid, Potassium Citrates, Calcium Phosphates), Preservative (Potassium Sorbate)), Water, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Salt**

Cereals containing gluten:  
Wheat

Soya, Sulphites

2 days

### APRICOT (V)

Vegan Puff Pastry (**Wheat Flour (Wheat Flour (Cereal Containing **Gluten: Wheat**), Antioxidant (Ascorbic Acid)), Water, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Salt), Tinned Apricots (Apricots, Water, Sugar, Acidity Regulator (Citric Acid)), Sugar Glaze (Sugar, Water, Glucose Fructose Syrup, Gelling Agent (Pectins), Acidity Regulator (Citric Acid, Potassium Citrates, Calcium Phosphates), Preservative (Potassium Sorbate)), Ground **Almonds (Nuts: Almonds)**, Caster Sugar, **Almond Milk (Water, Almond (2.3%) (Nuts: Almonds), Sugar, Calcium (Tri-Calcium Phosphate), Sea Salt, Stabilisers (Locust Bean Gum, Gellan Gum), Emulsifier (Lecithins (Sunflower)), Natural Flavouring, Vitamins (B2, B12, E, D2)), Cornflour, Sunflower Oil, Vanilla Extract (Ethanol), Almond Extract (Nuts: Almonds)****

(Tree) Nuts, Cereals containing gluten: Wheat

Peanut, Soya, Sulphites

2 days

### LEMON MERINGUE

Sugar, Butter (**Milk**), **Wheat Flour (Wheat Flour (Cereal Containing **Gluten: Wheat**), Antioxidant (Ascorbic Acid)), Pasteurised Whole **Egg, Egg Whites (Egg Whites, Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Caster Sugar, Icing Sugar, Concentrated Lemon Juice (Sulphites), Water, Lemon Zest, Salt****

Eggs; Cereals containing gluten: Wheat, Barley; Milk

Soya

2 days

## ENGLISH CAKES

### TUNISIAN ORANGE CAKE

Free Range **Eggs**, Caster Sugar, Vegetable Oil, Ground **Almonds (Nuts: Almonds)**, Breadcrumbs (**Wheat Flour (Cereal Containing **Gluten: Wheat**), Water, Salt, Yeast), Lemon Juice, Fresh Orange Juice, Baking Powder (Cereal Containing **Gluten: Wheat**), Orange Oil, Ground Cinnamon**

(Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Rye, Barley

Milk, Peanut, Soya

7 days

# Real

## PÂTISSERIE

<b>CARROT CAKE</b>	Carrots, Organic Plain Flour (Organic <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> )), Sugar, Icing Sugar (Cane Sugar, Cornflour), Sunflower Oil, Free Range <b>Eggs, Walnuts</b> (Nuts: <b>Walnuts</b> ), Cream Cheese (Full Fat Soft Cheese, Salt, Stabiliser (Locust Bean Gum), Citric Acid) ( <b>Milk</b> ), Desiccated Coconut, Butter ( <b>Milk</b> ), Baking Powder (Cereal Containing <b>Gluten: Wheat</b> ), Bicarbonate of Soda, Mixed Spice	(Tree) Nuts, Eggs, Cereals containing gluten: Wheat; Milk	Soya	7 days
<b>VEGAN CHOCOLATE &amp; RASPBERRY CAKE</b>	<b>Soya</b> Milk ( <b>Soya</b> Base (Water, Hulled <b>Soya</b> Beans), Sugar, Acidity Regulator (Potassium Phosphate), Calcium Carbonate, Flavouring, Sea Salt, Stabiliser (Gellan Gum), Potassium Iodide, Vitamins (B2, B12, D2)), Sugar, Organic Plain Flour (Organic <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> )), Raspberry Jam (Raspberries, Sugar, Water, Apple Pectin, Citric Acid), Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier ( <b>Soya</b> Lecithin), Vanilla Extract), Raspberries, Vegan Margarine (Sunflower Oil, Sustainable Palm Oil, Linseed Oil, Water, Salt, Natural Flavouring, Vitamin E, Natural Colour (Carotenes)), Cocoa Powder (Cocoa Powder, Acidity Regulators: E501i, E525), Agave Syrup, Coconut Oil, Vanilla Extract (Ethanol), Baking Powder (Cereal Containing <b>Gluten: Wheat</b> ), Bicarbonate of Soda, Freeze-dried Raspberries, Salt	Cereals containing gluten: Wheat; Soya	Milk	7 days
<b>MARBLE LOAF</b>	<b>Wheat</b> Flour ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), <b>Wheat</b> Gluten (Cereal Containing <b>Gluten: Wheat</b> ), Antioxidant (Ascorbic Acid)), Butter ( <b>Milk</b> ), Sugar, Free Range <b>Eggs</b> , Whipping Cream ( <b>Milk</b> ), Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier ( <b>Soya</b> Lecithin), Vanilla Extract), Water, <b>Milk</b> Chocolate (Sugar, Cocoa Butter, Whole <b>Milk</b> Powder, Cocoa Mass, Emulsifier ( <b>Soya</b> Lecithin), Natural Vanilla), <b>Milk</b> , White Chocolate Pearls White Chocolate (Sugar; Cocoa Butter; Whole <b>Milk</b> Powder, <b>Whey</b> Powder ( <b>Milk</b> ), Emulsifier: <b>Soya</b> Lecithin, Natural Vanilla Flavouring, Crisped Cereals ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Sugar, <b>Wheat</b> Malt Flour (Cereal Containing <b>Gluten: Wheat</b> ), Starch (Cereal Containing <b>Gluten: Wheat</b> ), Raising Agent: E500ii, Salt, Cocoa Butter, Natural Vanilla Flavouring), Glucose Syrup, Sugar, Glazing Agent: E414), Invert Sugar Syrup, Cocoa Powder (Cocoa Powder, Acidity Regulators: E501i, E525), Baking Powder (Cereal Containing <b>Gluten: Wheat</b> ), Vanilla Extract (Ethanol)	Eggs, Cereals containing gluten: Wheat; Milk, Soya	Sesame	7 days
<b>DATE &amp; ORANGE FLAPJACK</b>	Vegan Margarine (Sunflower Oil, Sustainable Palm Oil, Linseed Oil, Water, Salt, Natural Flavouring, Vitamin E, Natural Colour (Carotenes)), Light Muscovado Sugar, Dried Dates (Dates, Rice Flour), <b>Oats</b> (Cereal Containing <b>Gluten: Wheat</b> ), Organic Gluten-free Flour (Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat)), Desiccated Coconut, Orange Juice From Concentrate, Golden Syrup, Water, Vanilla Extract (Ethanol), Orange Oil	Gluten	(Tree) Nuts, Gluten, Milk, Peanut, Sesame, Soya	7 days



<b>SALTED FUDGE BROWNIE</b>	Caster Sugar, Butter ( <b>Milk</b> ), Free Range <b>Eggs</b> , Dark Chocolate 54% (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier ( <b>Soya</b> Lecithin), Vanilla Extract), Organic Gluten-free Flour (Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat)), Cocoa Powder, Sea Salt Flakes, Salt	Eggs, Milk, Soya	Gluten	7 days
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## SAVOURY

<b>QUICHE LORRAINE</b>	Quiche Pastry ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Butter ( <b>Milk</b> ), Water, Salt), <b>Milk</b> , Pasteurised Whole <b>Egg</b> , Bacon (15%) (Pork Belly, Salt, Glucose, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Ham Ends (12%), Whipping Cream ( <b>Milk</b> ), Mature Cheddar ( <b>Milk</b> ), <b>Egg</b> Yolks ( <b>Egg</b> Yolk, Citric Acid (E330), Preservative (E202)), Black Pepper	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days
<b>QUICHE VEGETARIAN</b>	Quiche Pastry ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Butter ( <b>Milk</b> ), Water, Salt), <b>Milk</b> , Pasteurised Whole <b>Egg</b> , Carrots, Leeks, Whipping Cream ( <b>Milk</b> ), Mushrooms, <b>Egg</b> Yolks ( <b>Egg</b> Yolk, Citric Acid (E330), Preservative (E202))	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days

## Cake Information

### ALLERGENS NOTE

The cakes are prepared in a facility that handles cereals containing gluten, various nuts, milk based products, soya and eggs.

We make every attempt to identify ingredients that may cause allergic reactions. Every effort is made to instruct our staff on the severity of food allergies. In addition, we highlight items with possible allergen- containing ingredients on our publicity and ingredients list.

We take great care to use separate equipment when preparing nut-free or gluten-free cakes. However, all our cakes are made in the same kitchen so please consider this if you have a



severe allergy. There is also a possibility that manufacturers can change the formulation at any time, without notice. Customers concerned with food allergies need to be aware of this risk.

Because we want your cake eating experience to be perfect, we put extra effort into checking all our deliveries of nuts and fruit by hand for pieces of shell or fruit stone. However, please be vigilant in case any have slipped past our checks.

## **STORAGE**

Our cakes are truly homemade. Please follow these guidelines to enjoy them at their very best:

**In the fridge:** Our cakes stay fresh for a week (apart from the cakes covered with cream cheese frosting which stay fresh for 5 days).

**In the freezer:** Freeze on day of delivery. They can be stored for up to 3 months. Allow 3 hours to defrost. They are best eaten within 5 days.

## **CUTTING**

**Round Cakes:** Use a large, very sharp knife. Push point into centre of cake and use a gentle sawing action to cut.

**Square Bakes – 12 Slices:** They're easier to cut cold from the fridge. Pull open the corners of the foil tray so it's flat, slide a fish slice underneath and push onto a chopping board. Cut with a large sharp knife.

**Loaves – cut into 10 slices:** Remove from greaseproof wrapping, place loaf on a board. We suggest you cut at room temperature using a sharp knife.

## **DISPLAY**

Most of our cakes can be stored at ambient temperature.

However we use cream cheese frosting for some of our cakes, these cakes can be displayed at ambient temperature for 4 hours only and then must be sold from a chilled display.