



## Real Patisserie Allergen and Ingredient List – November 2025

(Please note: All products are prepared in an environment where gluten, walnuts, hazelnuts, almonds, sesame, eggs, milk and soya are present)

| SPECIALITY LOAVES             | Ingredients  | Allergens (Contains)   | Allergens (May contain)  | Shelf Life |
|-------------------------------|--|--|--|------------|
| CHEWY BROWN                   | <b>Wheat</b> Flour, Water, <b>Rye</b> Flour, <b>Rye</b> Leaven, Deactivated and Dehydrated <b>Rye</b> Sourdough, <b>Wheat</b> Gluten, Salt, Yeast, Antioxidant (Ascorbic Acid)   | Cereals containing gluten: Wheat, Rye                                  | Eggs, Milk, Sesame   | 2 days     |
| NUTTY CHEWY                   | <b>Wheat</b> Flour, Water, <b>Rye</b> Flour, <b>Rye</b> Leaven, Deactivated and Dehydrated <b>Rye</b> Sourdough, <b>Wheat</b> Gluten, <b>Walnuts</b> , <b>Hazelnuts</b> , Salt, Yeast, Antioxidant (Ascorbic Acid)   | Cereals containing gluten: Wheat, Rye; (Tree) Nuts: Walnuts, Hazelnuts | Eggs, Milk, Sesame   | 2 days     |
| FRUITY CHEWY                  | <b>Wheat</b> Flour, Water, <b>Rye</b> Flour, <b>Rye</b> Leaven, Deactivated and Dehydrated <b>Rye</b> Sourdough, <b>Wheat</b> Gluten, Sultanas, Dried Apricot ( <b>Sulphites</b> ), Dried Cranberries, Salt, Yeast, Antioxidant (Ascorbic Acid)  | Cereals containing gluten: Wheat, Rye; Sulphites                       | Eggs, Milk, Sesame   | 2 days     |
| CHEWY WHITE                   | <b>Wheat</b> Flour, Water, <b>Rye</b> Flour, Salt, Yeast, <b>Rye</b> Malt Flour, Antioxidant (Ascorbic Acid)   | Cereals containing gluten: Wheat, Rye                                  | Soya   | 2 days     |
| STONEGROUND AND RYE SOURDOUGH | Water, Stoneground <b>Wheat</b> Flour, <b>Wheat</b> Flour, Light <b>Rye</b> Flour ( <b>Rye</b> Flour, Antioxidant (Ascorbic Acid), <b>Rye</b> Malt Flour), Wholemeal Flour ( <b>Wheat</b> Flour, <b>Gluten</b> ), Sugar, Salt, Yeast   | Cereals containing gluten: Wheat, Rye                                  | Soya   | 2 days     |
| WHITE SOURDOUGH               | <b>Wheat</b> Flour, Water, <b>Rye</b> Flour, Salt, <b>Rye</b> Malt Flour, Antioxidant (Ascorbic Acid)  | Cereals containing gluten: Wheat, Rye                                  | Soya   | 2 days     |
| SEEDED SOURDOUGH              | <b>Wheat</b> Flour, Water, <b>Rye</b> Flour, Salt, <b>Rye</b> Malt Flour, Sunflower Kernels, Golden Linseeds, Brown Linseeds, Pumpkin Seeds, Organic Hulled Millet Seeds, Poppy Seeds, Antioxidant (Ascorbic Acid)   | Cereals containing gluten: Wheat, Rye                                  | (Tree) Nuts, Celery, Lupin, Mustard, Peanut, Sesame, Soya, Sulphites | 2 days     |
| FRENCH COB                    | <b>Wheat</b> Flour, Water, Salt, Yeast   | Cereals containing gluten: Wheat                                       |  | 2 days     |
| MULTICEREAL                   | <b>Wheat</b> Flour, Water, Salt, Yeast, <b>Sesame</b> Seeds, Sunflower Seeds, Brown Linseeds, Yellow Linseeds, <b>Rye</b> Flour, <b>Oatmeal</b> , <b>Barley</b> Flour, <b>Barley</b> Flour, Antioxidant (Ascorbic Acid), Roasted <b>Barley</b> Malt, Malted <b>Wheat</b> Flour, Emulsifier (E472e) | Cereals containing gluten: Wheat, Barley, Oat; Sesame                  | Eggs, Milk, Soya   | 2 days     |



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| <b>HONEY &amp; SPELT</b>              | Spelt Flour, Water, Yeast, Sunflower Seeds, Coarsely-ground <b>Lupin</b> Seeds, <b>Sesame</b> , Spelt Flakes, Baker's Honey, Sugar, Dextrose, Thickener (E412), <b>Barley</b> Malt Extract, Emulsifier (E472e), Acidity Regulators (R339, E340), Flavouring, Antioxidant (Ascorbic Acid)  | Cereals containing gluten: Wheat, Barley; Lupin; Sesame          | Eggs, Milk, Mustard, Soya  | 2 days |
| <b>RYE SOURDOUGH</b>                  | <b>Rye</b> Flour, Water, Salt, Yeast, Antioxidant (Ascorbic Acid), <b>Rye</b> Malt Flour  | Cereals containing gluten: Rye                                   |  | 2 days |
| <b>NORDIC</b>                         | Water, <b>Wheat</b> Flour, <b>Rye</b> Flour, <b>Sesame</b> Seeds, Sunflower Seeds, Brown Linseeds, Yellow Linseeds, Sunflower Kernels, Pumpkin Seeds, <b>Soy</b> Grits, Cracked <b>Rye</b> , Organic Hulled Millet Seeds, Molasses, Sugar, Salt, Yeast, <b>Oatmeal</b> , <b>Barley</b> Flour, <b>Wheat Gluten</b> , Roasted <b>Barley</b> Malt, Malted <b>Wheat</b> Flour, <b>Rye</b> Malt Flour, Black Pepper, Antioxidant (Ascorbic Acid), Emulsifier (E472e) | Cereals containing gluten: Wheat, Barley, Rye, Oat; Soya; Sesame | (Tree) Nuts, Celery, Eggs, Milk, Mustard, Peanut, Sulphites                        | 2 days |
| <b>FOCACCIA Fresh Rosemary</b>        | <b>Wheat</b> Flour, Water, Potato Flakes, Extra Virgin Olive Oil, Fresh Rosemary, Salt, Yeast, Antioxidant (Ascorbic Acid)  | Cereals containing gluten: Wheat                                 |  | 2 days |
| <b>FOCACCIA Green and Black Olive</b> | <b>Wheat</b> Flour, Water, Potato Flakes, Extra Virgin Olive Oil, Green Olives, Black Olives, Dried Thyme, Salt, Yeast, Brine, Sunflower Oil, Herbs de Provence, Antioxidant (Ascorbic Acid), Citric Acid   | Cereals containing gluten: Wheat                                 |  | 2 days |
| <b>FOCACCIA Cheese and Red Onion</b>  | <b>Wheat</b> Flour, Water, Potato Flakes, Emmental Cheese (Pasteurised Cow's <b>Milk</b> , Salt, Starter, Vegetarian Rennet, Potato Starch), Red Onion, Extra Virgin Olive Oil, Dried Rosemary, Salt, Yeast, Antioxidant (Ascorbic Acid)  | Cereals containing gluten: Wheat; Milk                           |  | 2 days |
| <b>CIABATTA</b>                       | <b>Wheat</b> Flour, Water, Salt, Extra Virgin Olive Oil, Yeast  | Cereals containing gluten: Wheat                                 | Soya   | 2 days |
| <b>SANDWICH LOAVES</b>                |   |  |  |        |
| <b>WHITE</b>                          | <b>Wheat</b> Flour, Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver ( <b>Wheat</b> )   | Cereals containing gluten: Wheat                                 | Milk, Soya   | 2 days |
| <b>WHOLEMEAL</b>                      | <b>Wheat</b> Flour, Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver ( <b>Wheat</b> )   | Cereals containing gluten: Wheat                                 | Milk, Soya   | 2 days |
| <b>WHOLEMEAL with Mixed Seed</b>      | <b>Wheat</b> Flour, Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver ( <b>Wheat</b> ), Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds  | Cereals containing gluten: Wheat                                 | (Tree) Nuts, Celery, Gluten, Lupin, Milk, Mustard, Peanut, Sesame, Soya, Sulphites | 2 days |



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|--|--|--|---|--------|
| <b>LIGHTGRAIN</b>                          | <b>Wheat</b> Flour, Water, Malted <b>Wheat</b> Flakes, Malted <b>Barley</b> , Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver ( <b>Wheat</b> ) | Cereals containing gluten: Wheat, Barley | Milk, Soya  | 2 days |
| <b>BAGUETTES</b>                           |  |  |   |        |
| <b>WHITE BAGUETTE</b>                      | <b>Wheat</b> Flour, Water, Salt, Yeast, Antioxidant (Ascorbic Acid)  | Cereals containing gluten: Wheat, Barley | Milk, Soya  | 2 days |
| <b>WHITE BAGUETTE with Sunflower Seeds</b> | <b>Wheat</b> Flour, Water, Salt, Yeast, Sunflower Kernels, Antioxidant (Ascorbic Acid)   | Cereals containing gluten: Wheat, Barley | (Tree) Nuts, Milk, Mustard, Sesame, Soya, Sulphites | 2 days |
| <b>WHITE BAGUETTE with Poppy Seeds</b>     | <b>Wheat</b> Flour, Water, Salt, Yeast, Poppy Seeds, Antioxidant (Ascorbic Acid)   | Cereals containing gluten: Wheat, Barley | Milk, Mustard, Soya                                 | 2 days |
| <b>TRADITIONAL BAGUETTE</b>                | <b>Wheat</b> Flour, Water, <b>Rye</b> Flour, <b>Rye</b> Malt Flour, <b>Wheat Gluten</b> , Malted <b>Wheat</b> , Salt, Yeast, Antioxidant (Ascorbic Acid) | Cereals containing gluten: Wheat, Rye    | Soya  | 2 days |
| <b>WHITE SOFT HALF BAGUETTE (V)</b>        | <b>Wheat</b> Flour, Water, Improver ( <b>Wheat</b> ), Yeast  | Cereals containing gluten: Wheat         | Milk, Mustard, Soya                                 | 2 days |

## BAPS AND BUNS

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| <b>MILK BREAD</b>                      | <b>Wheat</b> Flour, Water, Pasteurised Whole <b>Egg</b> , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole <b>Milk</b> Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), <b>Rye</b> Flour, Salt, <b>Rye</b> Leaven, Deactivated and Dehydrated <b>Rye</b> Sourdough, <b>Wheat Gluten</b> , Improver ( <b>Wheat</b> ), Vegan Egg Substitute, Antioxidant (Ascorbic Acid)                    | Eggs, Cereals containing gluten: Wheat, Rye; Milk | Mustard, Soya                                 | 2 days |
| <b>MILK BREAD with Sunflower Seeds</b> | <b>Wheat</b> Flour, Water, Pasteurised Whole <b>Egg</b> , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole <b>Milk</b> Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), <b>Rye</b> Flour, Salt, <b>Rye</b> Leaven, Deactivated and Dehydrated <b>Rye</b> Sourdough, <b>Wheat Gluten</b> , Improver ( <b>Wheat</b> ), Vegan Egg Substitute, Antioxidant (Ascorbic Acid), Sunflower Kernels | Eggs; Cereals containing gluten: Wheat; Milk      | (Tree) Nuts, Mustard, Sesame, Soya, Sulphites | 2 days |



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| <b>MILK BREAD with Poppy Seeds</b>     | <b>Wheat</b> Flour, Water, Pasteurised Whole <b>Egg</b> , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole <b>Milk</b> Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), <b>Rye</b> Flour, Salt, <b>Rye</b> Leaven, Deactivated and Dehydrated <b>Rye</b> Sourdough, <b>Wheat Gluten</b> , Improver ( <b>Wheat</b> ), Vegan Egg Substitute, Antioxidant (Ascorbic Acid), Poppy Seeds   | Eggs; Cereals containing gluten: Wheat; Milk | Mustard, Sesame, Soya  | 2 days |
| <b>MILK BREAD with Golden Linseeds</b> | <b>Wheat</b> Flour, Water, Pasteurised Whole <b>Egg</b> , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole <b>Milk</b> Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), <b>Rye</b> Flour, Salt, <b>Rye</b> Leaven, Deactivated and Dehydrated <b>Rye</b> Sourdough, <b>Wheat Gluten</b> , Improver ( <b>Wheat</b> ), Vegan Egg Substitute, Antioxidant (Ascorbic Acid), Golden Linseeds   | Eggs; Cereals containing gluten: Wheat; Milk | Lupin, Milk, Mustard, Soya   | 2 days |
| <b>MILK BREAD with Mixed Seeds</b>     | <b>Wheat</b> Flour, Water, Pasteurised Whole <b>Egg</b> , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole <b>Milk</b> Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), <b>Rye</b> Flour, Salt, <b>Rye</b> Leaven, Deactivated and Dehydrated <b>Rye</b> Sourdough, <b>Wheat Gluten</b> , Improver ( <b>Wheat</b> ), Antioxidant (Ascorbic Acid), Vegan Egg Substitute, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds, Pumpkin Seeds | Eggs, Cereals containing gluten: Wheat; Milk | (Tree) Nuts, Celery, Lupin, Milk, Mustard, Peanut, Sesame, Soya, Sulphites | 2 days |
| <b>WHITE (V)</b>                       | <b>Wheat</b> Flour, Water, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Improver ( <b>Wheat</b> ), Yeast, Vegan Egg Substitute   | Cereals containing gluten: Wheat             | Milk, Mustard, Soya  | 2 days |
| <b>WHITE Floured/Plain (V)</b>         | <b>Wheat</b> Flour, Water, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Improver ( <b>Wheat</b> ), Yeast   | Cereals containing gluten: Wheat             | Milk, Soya   | 2 days |
| <b>WHITE with Sunflower Seeds (V)</b>  | <b>Wheat</b> Flour, Water, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Improver ( <b>Wheat</b> ), Yeast, Vegan Egg Substitute, Sunflower Kernels  | Cereals containing gluten: Wheat             | (Tree) Nuts, Milk, Mustard, Sesame, Soya, Sulphites                        | 2 days |
| <b>WHITE with Poppy Seeds (V)</b>      | <b>Wheat</b> Flour, Water, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Improver ( <b>Wheat</b> ), Yeast, Vegan Egg Substitute, Poppy Seeds  | Cereals containing gluten: Wheat             | Milk, Mustard, Soya  | 2 days |
| <b>WHITE with Mixed Seeds (V)</b>      | <b>Wheat</b> Flour, Water, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Improver ( <b>Wheat</b> ), Yeast, Vegan Egg Substitute, Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds  | Cereals containing gluten: Wheat             | Milk, Mustard, Soya  | 2 days |
| <b>WHITE with Cheese</b>               | <b>Wheat</b> Flour, Water, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Improver ( <b>Wheat</b> ), Yeast, Emmental Cheese (Pasteurised Cows <b>Milk</b> , Salt, Starter, Vegetarian Rennet, Potato Starch)   | Cereals containing gluten: Wheat; Milk       | Soya   | 2 days |



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| <b>PANINI (V)</b>                     | <b>Wheat</b> Flour, Water, Improver ( <b>Wheat</b> ), Extra Virgin Olive Oil, Yeast   | Cereals containing gluten: Wheat             | Milk, Soya   | 2 days |
| <b>WHOLEMEAL (V)</b>                  | <b>Wheat</b> Flour, Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver ( <b>Wheat</b> ), Vegan Egg Substitute   | Cereals containing gluten: Wheat             | Milk, Mustard, Soya  | 2 days |
| <b>WHOLEMEAL with Mixed Seeds (V)</b> | <b>Wheat</b> Flour, Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver ( <b>Wheat</b> ), Vegan Egg Substitute, Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds  | Cereals containing gluten: Wheat             | Milk, (Tree) Nuts, Celery, Lupin, Mustard, Peanut, Sesame, Soya, Sulphites | 2 days |
| <b>LIGHTGRAIN (V)</b>                 | <b>Wheat</b> Flour, Water, Malted Concentrate (Malted <b>Wheat</b> Flakes, <b>Wheat</b> Flour, Malted <b>Barley</b> ), Soft Roll Concentrate ( <b>Wheat</b> Flour, Dextrose, Salt, Sugar, Preservative: E282, Rapeseed Oil, Flour Treatment Agent: Ascorbic Acid), Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Yeast, Improver ( <b>Wheat</b> ) | Cereals containing gluten: Wheat, Barley     | Eggs, Milk, Soya   | 2 days |
| <b>BRIOCHE</b>                        | <b>Wheat</b> Flour, Water, Pasteurised Whole <b>Egg</b> (Whole <b>Egg</b> , Preservatives (E202, E330)), Butter ( <b>Milk</b> ), Sugar, Yeast, Salt, Glucose Syrup  | Eggs; Cereals containing gluten: Wheat; Milk | Soya   | 2 days |
| <b>BRIOCHE with Poppy Seeds</b>       | <b>Wheat</b> Flour, Water, Pasteurised Whole <b>Egg</b> (Whole <b>Egg</b> , Preservatives (E202, E330)), Butter ( <b>Milk</b> ), Sugar, Yeast, Salt, Glucose Syrup, Vegan Egg Substitute, Poppy Seeds   | Eggs; Cereals containing gluten: Wheat; Milk | Soya   | 2 days |
| <b>BRIOCHE with Sunflower Seeds</b>   | <b>Wheat</b> Flour, Water, Pasteurised Whole <b>Egg</b> (Whole <b>Egg</b> , Preservatives (E202, E330)), Butter ( <b>Milk</b> ), Sugar, Yeast, Salt, Glucose Syrup, Vegan Egg Substitute, Sunflower Seeds   | Eggs; Cereals containing gluten: Wheat; Milk | (Tree) Nuts, Sesame, Soya, Sulphites                                       | 2 days |
| <b>BRIOCHE with Mixed Seeds</b>       | <b>Wheat</b> Flour, Water, Pasteurised Whole <b>Egg</b> (Whole <b>Egg</b> , Preservatives (E202, E330)), Butter ( <b>Milk</b> ), Sugar, Yeast, Salt, Glucose Syrup, Vegan Egg Substitute, Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds   | Eggs; Cereals containing gluten: Wheat; Milk | (Tree) Nuts, Celery, Lupin, Mustard, Peanut, Sesame, Soya, Sulphites       | 2 days |
| <b>PASTRIES</b>                       |   |  |  |        |
| <b>CROISSANT</b>                      | <b>Wheat</b> Flour, Water, <b>Wheat</b> Flour, Antioxidant (Ascorbic Acid)), Butter ( <b>Milk</b> ), Sugar, Dried Whole <b>Milk</b> Powder, Yeast, Salt, Vegan Egg Substitute   | Cereals containing gluten: Wheat; Milk       | Soya   | 2 days |
| <b>PAIN AU CHOCOLAT</b>               | <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Antioxidant (Ascorbic Acid)), Butter ( <b>Milk</b> ), Water, Chocolate Batons (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier ( <b>Soya</b> Lecithin), Natural Vanilla Flavouring), Sugar, Dried Whole <b>Milk</b> Powder, Yeast, Salt, Vegan Egg Substitute  | Cereals containing gluten: Wheat; Milk; Soya |  | 2 days |
| <b>VEGAN CROISSANT</b>                | <b>Wheat</b> Flour ( <b>Wheat</b> Flour, <b>Wheat</b> Malt Flour, Antioxidant (Ascorbic Acid)), Water, Sugar, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed)),  | Cereals containing gluten: Wheat             | Milk, Soya   | 2 days |



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|                                      | Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Yeast, Salt, Vegan Egg Substitute   |  |                    |        |
| <b>VEGAN PAIN AU CHOCOLAT</b>        | <b>Wheat</b> Flour ( <b>Wheat</b> Flour, <b>Wheat</b> Malt Flour, Antioxidant (Ascorbic Acid)), Water, Chocolate Batons (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier ( <b>Soya</b> Lecithin), Natural Vanilla Flavouring), Sugar, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Yeast, Salt, Vegan Egg Substitute   | Cereals containing gluten: Wheat; Soya   | Milk               | 2 days |
| <b>ALMOND CROISSANT</b>              | <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Antioxidant (Ascorbic Acid)), Sugar, Butter ( <b>Milk</b> ), Water, Ground <b>Almonds</b> , Vegan Egg Substitute, Icing Sugar, Dried Whole <b>Milk</b> Powder, Yeast, Salt   | (Tree) Nuts: Almonds; Cereals containing gluten: Wheat, Barley; Milk             | Peanut, Soya       | 2 days |
| <b>ALMOND PAIN AU CHOCOLAT</b>       | <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Antioxidant (Ascorbic Acid)), Sugar, Butter ( <b>Milk</b> ), Water, Ground <b>Almonds</b> , Vegan Egg Substitute, Chocolate Batons (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier ( <b>Soya</b> Lecithin), Natural Vanilla Flavouring), Icing Sugar, Dried Whole <b>Milk</b> Powder, Yeast, Salt   | (Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Barley; Milk; Soya | Peanut             | 2 days |
| <b>VEGAN ALMOND CROISSANT</b>        | <b>Wheat</b> Flour, Sugar, Water, Ground <b>Almonds</b> , <b>Almond</b> Milk (Water, <b>Almonds</b> , Sugar, Calcium (Tri-Calcium Phosphate), Sea Salt, Stabilisers (Locust Bean Gum, Gellan Gum), Emulsifier (Lecithins (Sunflower)), Natural Flavouring, Vitamins (B2, B12, E, D2)), Cornflour, <b>Oat</b> Milk ( <b>Oat</b> Base (Water, <b>Oats</b> , Rapeseed Oil, Calcium Carbonate, Calcium Phosphates, Salt, Vitamins (D2, Riboflavin, B12), Potassium Iodide), <b>Almond</b> Nibs, Icing Sugar (Cane Sugar, Cornflour), Sunflower Oil, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Yeast, Salt, Vanilla Extract (Ethanol), Vegan Egg Substitute  | (Tree) Nuts: Almonds; Cereals containing gluten: Wheat, Oat                      | Milk, Peanut, Soya | 2 days |
| <b>VEGAN ALMOND PAIN AU CHOCOLAT</b> | <b>Wheat</b> Flour, Sugar, Water, Ground <b>Almonds</b> , <b>Almond</b> Milk (Water, <b>Almonds</b> ), Sugar, Calcium (Tri-Calcium Phosphate), Sea Salt, Stabilisers (Locust Bean Gum, Gellan Gum), Emulsifier (Lecithins (Sunflower)), Natural Flavouring, Vitamins (B2, B12, E, D2)), Chocolate Batons (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier ( <b>Soya</b> Lecithin), Natural Vanilla Flavouring), Cornflour, <b>Oat</b> Milk ( <b>Oat</b> Base (Water, <b>Oats</b> , Rapeseed Oil, Calcium Carbonate, Calcium Phosphates, Salt, Vitamins (D2, Riboflavin, B12), Potassium Iodide), <b>Almond</b> Nibs, Icing Sugar (Cane Sugar, Cornflour), Sunflower Oil, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Yeast, Salt, Vanilla Extract (Ethanol), Vegan Egg Substitute | (Tree) Nuts: Almonds; Cereals containing gluten: Wheat, Oat; Soya                | Milk, Peanut       | 2 days |





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| <b>HAZELNUT PAIN AU CHOCOLAT</b> | Sugar, <b>Wheat</b> Flour, Water, Butter ( <b>Milk</b> ), Chocolate Batons (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Ground Hazelnuts, Pasteurised Whole <b>Egg</b> (Whole <b>Egg</b> , Preservatives (E202, E330)), Belgian Chocolate Chips (Sugar, Cocoa Mass, Cocoa Butter, Dextrose, Emulsifier ( <b>Soya</b> Lecithin)), Nibbed Hazelnuts, Dried Whole <b>Milk</b> Powder, Yeast, Salt, Vegan Egg Substitute   | (Tree) Nuts; Eggs; Cereals containing gluten: Wheat; Milk; Soya            |                          | 2 days |
| <b>PAIN AUX RAISINS</b>          | <b>Wheat</b> Flour ( <b>Wheat</b> Flour, <b>Wheat Gluten</b> , Antioxidant (Ascorbic Acid)), Pasteurised Whole <b>Egg</b> , <b>Milk</b> , Sultanas, Butter ( <b>Milk</b> ), Sugar, Water, Creme Patissiere Powder (Corn Starch, <b>Wheat</b> Starch, Vanillin, Colouring: Beta-carotenes), Yeast, Salt   | Eggs; Cereals containing gluten: Wheat; Milk                               | Mustard, Soya, Sulphites | 2 days |
| <b>CHOCOLATE TWIST</b>           | <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Antioxidant (Ascorbic Acid)), Belgian Chocolate Chips (Sugar, Cocoa Mass, Cocoa Butter, Dextrose, Emulsifier ( <b>Soya</b> Lecithin)), Butter ( <b>Milk</b> ), Water, <b>Milk</b> , Sugar, Pasteurised Whole <b>Egg</b> , Dried Whole <b>Milk</b> Powder, Creme Patissiere Powder (Corn Starch, <b>Wheat</b> Starch, Vanillin, Colouring: Beta-carotenes), Yeast, Salt  | Eggs; Cereals containing gluten: Wheat; Milk; Soya                         |                          | 2 days |
| <b>APPLE DANISH</b>              | Wheat Flour ( <b>Wheat</b> Flour, Antioxidant (Ascorbic Acid)), Apples, Water, Sugar Glaze (Glucose-fructose Syrup, Water, Sugar, Fruit Puree, Gelling Agents, Citric Acid, Flavouring, Potassium Sorbate, Paprika Extract), Pasteurised Whole <b>Egg</b> , Flaked <b>Almonds</b> , Apple Compote (Apples, Sugar), Butter ( <b>Milk</b> ), Sugar, Dried Whole <b>Milk</b> Powder, Yeast, Creme Patissiere Powder (Sugar, Modified Starch, Skimmed <b>Milk</b> Powder, Full Cream <b>Milk</b> Powder, Vegetable Fat, Dried Glucose Syrup, Inulin, Stabilisers (E263, E450, E339), Emulsifiers (E472a, E471), Salt, <b>Milk</b> Protein, Colour Beta-carotene), Flavouring), Icing Sugar, Salt, Improver ( <b>Wheat</b> ), Ground Cinnamon | (Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Barley; Milk | Peanut, Soya             | 2 days |
| <b>APRICOT DANISH</b>            | Water, <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Antioxidant (Ascorbic Acid)), Sugar Glaze (Glucose-fructose Syrup, Water, Sugar, Fruit Puree, Gelling Agents, Citric Acid, Flavouring, Potassium Sorbate, Paprika Extract), Apricot Halves (Apricots, Water, Sugar, Acidity Regulator (Citric Acid)), Creme Patissiere Powder (Sugar, Modified Starch, Skimmed <b>Milk</b> Powder, Full Cream <b>Milk</b> Powder, Vegetable Fat, Dried Glucose Syrup, Inulin, Stabilisers (E263, E450, E339), Emulsifiers (E472a, E471), Salt, <b>Milk</b> Protein, Colour (Beta-carotene), Flavouring), Pasteurised Whole <b>Egg</b> , Butter ( <b>Milk</b> ), Sugar, Dried Whole <b>Milk</b> Powder, Yeast, Salt, Improver ( <b>Wheat</b> )            | Eggs; Cereals containing gluten: Wheat, Barley; Milk                       | Soya                     | 2 days |
| <b>RED FRUIT DANISH</b>          | Water, <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Antioxidant (Ascorbic Acid)), Sugar Glaze (Glucose-fructose Syrup, Water, Sugar, Fruit Puree, Gelling Agents, Citric Acid, Flavouring, Potassium Sorbate, Paprika Extract), Creme Patissiere Powder (Sugar, Modified Starch, Skimmed <b>Milk</b> Powder, Full Cream <b>Milk</b> Powder, Vegetable Fat, Dried Glucose Syrup, Inulin, Stabilisers (E263, E450, E339), Emulsifiers (E472a, E471), Salt, <b>Milk</b> Protein, Colour (Beta-carotene), Flavouring), Raspberries, Pasteurised Whole <b>Egg</b> , Butter ( <b>Milk</b> ), Sugar, Dried Whole <b>Milk</b> Powder, Yeast, Salt, Improver ( <b>Wheat</b> )   | Eggs; Cereals containing gluten: Wheat, Barley; Milk                       | Soya                     | 2 days |



|   |  |   |  |        |
|---|--|---|--|--------|
| <b>CINNAMON DANISH</b>                      | <b>Wheat</b> Flour ( <b>Wheat</b> Flour, <b>Wheat Gluten</b> , Antioxidant (Ascorbic Acid)), Water, Butter ( <b>Milk</b> ), Pasteurised Whole <b>Egg</b> (Whole <b>Egg</b> , Preservatives (E202, E330)), Sugar, Dark Muscovado Sugar, Dried Whole <b>Milk</b> Powder, Ground Cinnamon, Vegetable Oil, Yeast, Salt, Improver ( <b>Wheat</b> )  | Eggs; Cereals containing gluten: Wheat; Milk                                    | Sesame, Soya                                     | 2 days |
| <b>CHEESE STRAW</b>                         | <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Antioxidant (Ascorbic Acid)), Butter ( <b>Milk</b> ), Water, Emmental Cheese (Pasteurised Cows <b>Milk</b> , Salt, Starter, Vegetarian Rennet, Potato Starch), Salt, Pasteurised Whole <b>Egg</b> , Sea Salt Flakes, Black Pepper   | Eggs; Cereals containing gluten: Wheat; Milk                                    | Mustard, Soya                                    | 2 days |
| <b>VIENNESE MINCE PIE</b>                   | Mincemeat (Sugar, Apple Puree, Raisins, Sultanas, Currants, Glucose-Fructose Syrup, Mixed Peel (Orange Peel, Lemon Peel), Vegetable Suet (Palm Oil, Rice Flower, Sunflower Oil), Modified Maize Starch, Mixed Spice, Acidity Regulator (Citric Acid), Colour (Caramel), Orange Oil, Lemon Oil), <b>Wheat</b> Flour ( <b>Wheat</b> Flour, <b>Wheat Gluten</b> , Antioxidant (Ascorbic Acid)), Butter ( <b>Milk</b> ), Icing Sugar (Cane Sugar, Cornflour), Pasteurised Whole <b>Egg</b> (Whole <b>Egg</b> , Preservatives (E202, E330)), Salt   | Eggs; Cereals containing gluten: Wheat; Milk                                    | (Tree) Nuts, Sesame, Soya, Sulphites             | 2 days |
| <b>PUFF MINCE PIE (V)</b>                   | Mincemeat (Sugar, Apple Puree, Raisins, Sultanas, Currants, Glucose-Fructose Syrup, Mixed Peel (Orange Peel, Lemon Peel), Vegetable Suet (Palm Oil, Rice Flower, Sunflower Oil), Modified Maize Starch, Mixed Spice, Acidity Regulator (Citric Acid), Colour (Caramel), Orange Oil, Lemon Oil), <b>Wheat</b> Flour ( <b>Wheat</b> Flour, <b>Wheat Gluten</b> , Antioxidant (Ascorbic Acid)), Water, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Salt   | Cereals containing gluten: Wheat  | (Tree) Nuts, Eggs, Milk, Sesame, Soya, Sulphites | 2 days |
| <b>MULLED PLUM &amp; HAZELNUT MINCE PIE</b> | Tinned Plums (Plum Halves, Water, Sugar, Firming Agent (Calcium Chloride), Acidity Regulator (Citric Acid)), <b>Wheat</b> Flour ( <b>Wheat</b> Flour, <b>Wheat Gluten</b> , Antioxidant (Ascorbic Acid)), Butter ( <b>Milk</b> ), Mincemeat (Sugar, Apple Puree, Raisins, Sultanas, Currants, Glucose-Fructose Syrup, Mixed Peel (Orange Peel, Lemon Peel), Vegetable Suet (Palm Oil, Rice Flower, Sunflower Oil), Modified Maize Starch, Mixed Spice, Acidity Regulator (Citric Acid), Colour (Caramel), Orange Oil, Lemon Oil), Icing Sugar (Cane Sugar, Cornflour), Mulled Wine ( <b>Sulphites</b> ), Nibbed <b>Hazelnuts</b> , Ground <b>Hazelnuts</b> , Sugar, Pasteurised Whole <b>Egg</b> (Whole <b>Egg</b> , Preservatives (E202, E330)), Orange Zest, Ground Cinnamon, Salt | (Tree) Nuts: Hazelnuts; Eggs; Cereals containing gluten: Wheat; Milk; Sulphites | Sesame, Soya                                     | 2 days |
| <b>CRANBERRY &amp; ORANGE DANISH</b>        | <b>Wheat</b> Flour ( <b>Wheat</b> Flour, <b>Wheat Gluten</b> , Antioxidant (Ascorbic Acid)), Water, Frozen Cranberries, Sugar, Fresh Orange Juice, Pasteurised Whole <b>Egg</b> (Whole <b>Egg</b> , Preservatives (E202, E330)), Creme Patissiere Powder (Sugar, Modified Starch, Skimmed <b>Milk</b> Powder, Full Cream <b>Milk</b> Powder, Vegetable Fat, Dried Glucose Syrup, Inulin, Stabilisers (E263, E450, E339), Emulsifiers (E472a, E471), Salt, <b>Milk</b> Protein, Colour (Beta-carotene), Flavouring), Butter ( <b>Milk</b> ), Dried Whole <b>Milk</b> Powder, Yeast, Glucose Syrup, <b>Pistachios</b> (Nuts: <b>Pistachios</b> ),  | (Tree) Nuts: Pistachios; Eggs; Cereals containing gluten: Wheat; Milk           | Sesame, Soya                                     | 2 days |





Salt, Improver (**Wheat**), Icing Sugar (Cane Sugar, Cornflour), Orange Zest, Ground Cinnamon, Mixed Spice, Garam Masala

## PÂTISSERIE

|  |  |  |                          |        |
|--|--|--|--------------------------|--------|
| <b>ALMOND BITE</b>                           | Sugar, Butter ( <b>Milk</b> ), <b>Egg</b> Whites ( <b>Egg</b> Whites, Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Ground <b>Almonds</b> , <b>Wheat</b> Flour ( <b>Wheat</b> Flour (Cereal Containing <b>Gluten: Wheat</b> ), Antioxidant (Ascorbic Acid)), Salt   | (Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat; Milk             | Peanut, Soya             | 2 days |
| <b>PISTACHIO &amp; RASPBERRY ALMOND BITE</b> | Sugar, Butter ( <b>Milk</b> ), <b>Egg</b> Whites ( <b>Egg</b> Whites, Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Ground <b>Almonds</b> , <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Antioxidant (Ascorbic Acid)), <b>Pistachio</b> Paste (Roasted <b>Pistachios</b> , Colouring (E100, E141)), Raspberries, Salt   | (Tree) Nuts: Almonds, Pistachios; Eggs; Cereals containing gluten: Wheat; Milk | Peanut, Soya             | 2 days |
| <b>CHOCOLATE AND ORANGE BITE</b>             | Sugar, Butter ( <b>Milk</b> ), <b>Egg</b> Whites ( <b>Egg</b> Whites, Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Ground <b>Almonds</b> , Cocoa Powder (Cocoa Powder, Acidity Regulators: E501i, E525), <b>Wheat</b> Flour ( <b>Wheat</b> Flour, <b>Wheat Gluten</b> , Antioxidant (Ascorbic Acid)), Orange Zest, Salt  | (Tree) Nuts: Almonds, Eggs, Cereal containing gluten: Wheat, Milk              | Peanut, Sesame, Soya     | 2 days |
| <b>VEGAN COOKIE</b>                          | <b>Wheat</b> Flour ( <b>Wheat</b> Flour, <b>Wheat Gluten</b> , Antioxidant (Ascorbic Acid)), Light Muscovado Sugar, Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier ( <b>Soya</b> Lecithin), Vanilla Extract), Margarine (Vegetable Oils and Fats, Water, Salt, Emulsifier, Citric Acid, Flavouring, Carotenes), Cornflour, Water, Baking Powder ( <b>Wheat</b> ), Bicarbonate of Soda, Salt   | Cereals containing gluten: Wheat; Soya   | Eggs, Milk, Sesame, Soya | 2 days |
| <b>ALMOND &amp; APRICOT CHEW</b>             | Ground <b>Almonds</b> , Icing Sugar (Cane Sugar, Cornflour), Apricot Jam (Apricots, Glucose-Fructose Syrup, Sugar, Gelling Agent: Pectins, Acidifier: Citric Acid), <b>Egg</b> Whites ( <b>Egg</b> Whites, Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Clear Blossom Honey, Lemon Zest  | (Tree) Nuts: Almonds, Eggs   | Peanut                   | 2 days |
| <b>CANELÉ</b>                                | <b>Milk</b> , Butter ( <b>Milk</b> ), <b>Wheat</b> Flour ( <b>Wheat</b> Flour, <b>Wheat Gluten</b> , Antioxidant (Ascorbic Acid)), Pasteurised Whole <b>Egg</b> (Whole <b>Egg</b> , Preservatives (E202, E330)), Sugar, <b>Egg</b> Yolks ( <b>Egg</b> Yolk, Citric Acid (E330), Preservative (E202)), Spiced Rum (Alcohol), Vanilla Extract (Ethanol), Salt  | Eggs; Cereal containing gluten: Wheat; Milk                                    | Sesame, Soya             | 2 days |
| <b>TARTS</b>                                 |  |  |                          |        |
| <b>APPLE (V)</b>                             | Golden Delicious Apples, Apple Compote (Apples, Sugar), <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Antioxidant (Ascorbic Acid)), Sugar Glaze (Sugar, Water, Glucose Fructose Syrup, Gelling Agent (Pectins), Acidity Regulator (Citric Acid, Potassium Citrates, Calcium Phosphates), Preservative (Potassium Sorbate)), Water, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Salt | Cereals containing gluten: Wheat   | Soya, Sulphites          | 2 days |

# Real

## PÂTISSERIE

|                                    |  |   |   |        |
|------------------------------------|--|---|---|--------|
| <b>PEAR (V)</b>                    | Tinned Pears (Pear Halves, Water, Sugar, Citric Acid (E330), Calcium Chloride (E509), Glucose-Fructose Syrup), Ground <b>Almonds</b> , <b>Wheat</b> Flour ( <b>Wheat</b> Flour, <b>Wheat Gluten</b> , Antioxidant (Ascorbic Acid)), Sugar, <b>Almond</b> Milk (Water, <b>Almonds</b> , Sugar, Calcium (Tri-Calcium Phosphate), Sea Salt, Stabilisers (Locust Bean Gum, Gellan Gum), Emulsifier (Lecithins (Sunflower))), Natural Flavouring, Vitamins (B2, B12, E, D2)), Sugar Glaze (Sugar, Water, Glucose Fructose Syrup, Gelling Agent (Pectins), Acidity Regulator (Citric Acid, Potassium Citrates, Calcium Phosphates), Preservative (Potassium Sorbate)), Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Icing Sugar (Cane Sugar, Cornflour), Cornflour, Apple Compote (Apples, Sugar), Sunflower Oil, Vanilla Extract (Ethanol), <b>Almond</b> Extract), Salt   | (Tree) Nuts: Almonds; Cereal containing gluten: Wheat             | Eggs, Milk, Peanut, Sesame, Soya, Sulphites | 2 days |
| <b>PEAR &amp; CHOCOLATE (V)</b>    | Tinned Pears (Pear Halves, Water, Sugar, Citric Acid (E330), Calcium Chloride (E509), Glucose-Fructose Syrup), Ground <b>Almonds</b> , <b>Wheat</b> Flour ( <b>Wheat</b> Flour, <b>Wheat Gluten</b> , Antioxidant (Ascorbic Acid)), Sugar, <b>Almond</b> Milk (Water, <b>Almonds</b> , Sugar, Calcium (Tri-Calcium Phosphate), Sea Salt, Stabilisers (Locust Bean Gum, Gellan Gum), Emulsifier (Lecithins (Sunflower))), Natural Flavouring, Vitamins (B2, B12, E, D2)), Sugar Glaze (Sugar, Water, Glucose Fructose Syrup, Gelling Agent (Pectins), Acidity Regulator (Citric Acid, Potassium Citrates, Calcium Phosphates), Preservative (Potassium Sorbate)), Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Icing Sugar (Cane Sugar, Cornflour), Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier ( <b>Soya</b> Lecithin), Vanilla Extract), Cornflour, <b>Soya</b> Milk ( <b>Soya</b> Base (Water, Hulled <b>Soya</b> Beans), Sugar, Acidity Regulator (Potassium Phosphate), Calcium Carbonate, Flavouring, Sea Salt, Stabiliser (Gellan Gum), Potassium Iodide, Vitamins (B2, B12, D2)), Apple Compote (Apples, Sugar), Sunflower Oil, Agave Syrup, Coconut Oil, Vanilla Extract (Ethanol), <b>Almond</b> Extract, Salt | (Tree) Nuts: Almonds; Cereal containing gluten: Wheat; Soya       | Eggs, Milk, Peanut, Sesame, Sulphites       | 2 days |
| <b>LEMON MERINGUE</b>              | Sugar, Butter ( <b>Milk</b> ), <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Antioxidant (Ascorbic Acid)), Pasteurised Whole <b>Egg</b> , <b>Egg</b> Whites ( <b>Egg</b> Whites, Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Caster Sugar, Icing Sugar, Concentrated Lemon Juice ( <b>Sulphites</b> ), Water, Lemon Zest, Salt   | Eggs; Cereals containing gluten: Wheat, Barley; Milk              | Soya  | 2 days |
| <b>APPLE &amp; RHUBARB CRUMBLE</b> | Rhubarb, Golden Delicious Apples, <b>Wheat</b> Flour ( <b>Wheat</b> Flour, <b>Wheat Gluten</b> , Antioxidant (Ascorbic Acid)), <b>Milk</b> , Sugar, Butter ( <b>Milk</b> ), Ground <b>Almonds</b> , Icing Sugar (Cane Sugar, Cornflour), Pasteurised Whole <b>Egg</b> (Whole <b>Egg</b> , Preservatives (E202, E330)), Grenadine Syrup (Sugar, Water, Concentrated Fruit Juice (Blackcurrant Juice, Raspberry Juice, Elderberry  | (Tree) Nuts: Almonds; Cereal containing gluten: Wheat; Eggs; Milk | Peanut, Sesame, Soya                        | 2 days |



|   |   |  |                         |        |
|---|---|--|-------------------------|--------|
|   | Juice), Citric Acid, Natural Flavouring, Natural Vanilla Flavouring, Colouring: E129), Creme Pâtissiere Powder (Corn Starch, <b>Wheat</b> Starch, Flavouring (Vanillin), Colouring (Beta-Carotenes)), <b>Egg</b> Yolks ( <b>Egg</b> Yolk, Citric Acid (E330), Preservative (E202)), Salt  |  |                         |        |
| <b>CHERRY &amp; HAZELNUT</b>                | Sweet Pastry ( <b>Wheat</b> Flour, Butter ( <b>Milk</b> ), Sugar, Cocoa Butter, Isomalt, Trehalose, Emulsifier ( <b>Soya</b> Lecithin), Whey Powder, Salt, <b>Barley</b> Malt, Natural Flavouring), Frozen Cherries, Sugar, Ground <b>Hazelnuts</b> , <b>Almond</b> Milk (Water, <b>Almonds</b> , Sugar, Calcium (Tri-Calcium Phosphate), Sea Salt, Stabilisers (Locust Bean Gum, Gellan Gum), Emulsifier (Lecithins (Sunflower)), Natural Flavouring, Vitamins (B2, B12, E, D2)), Amarena Cherries, Nibbed <b>Hazelnuts</b> , Cornflour, Sunflower Oil, Gold Patisserie Spray  | (Tree) Nuts: Almonds, Hazelnuts; Cereal containing gluten: Wheat, Barley; Soya; Milk |                         | 2 days |
| <b>CITRON</b>                               | <b>Wheat</b> Flour ( <b>Wheat</b> Flour, <b>Wheat</b> Gluten, Antioxidant (Ascorbic Acid)), Butter ( <b>Milk</b> ), Pasteurised Whole <b>Egg</b> (Whole <b>Egg</b> , Preservatives (E202, E330)), Sugar Glaze (Sugar, Water, Glucose Fructose Syrup, Gelling Agent (Pectins), Acidity Regulator (Citric Acid, Potassium Citrates, Calcium Phosphates), Preservative (Potassium Sorbate)), Icing Sugar (Cane Sugar, Cornflour), Lemon Puree, Sugar, Lemon, <b>Egg</b> Yolks ( <b>Egg</b> Yolk, Citric Acid (E330), Preservative (E202)), Cornflour, Salt   | Eggs; Cereals containing gluten: Wheat; Milk   | Sesame, Soya, Sulphites | 2 days |
| <b>AMANDINE</b>                             | Sweet Pastry ( <b>Wheat</b> Flour, Butter ( <b>Milk</b> ), Sugar, Cocoa Butter, Isomalt, Trehalose, Emulsifier ( <b>Soya</b> Lecithin), Whey Powder, Salt, <b>Barley</b> Malt, Natural Flavouring), Ground <b>Almonds</b> , Sugar, Butter ( <b>Milk</b> ), Pasteurised Whole <b>Egg</b> (Whole <b>Egg</b> , Preservatives (E202, E330)), Flaked <b>Almonds</b> , <b>Wheat</b> Flour ( <b>Wheat</b> Flour, <b>Wheat</b> Gluten, Antioxidant (Ascorbic Acid)), Snow Sugar (Sugar, <b>Wheat</b> Starch, Sustainable Palm Fat)  | (Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Barley; Milk; Soya     | Peanut, Sesame          | 2 days |
| <b>ENGLISH CAKES</b>                        |   |  |                         |        |
| <b>TUNISIAN ORANGE CAKE</b>                 | Free Range <b>Eggs</b> , Caster Sugar, Vegetable Oil, Ground <b>Almonds</b> , Breadcrumbs ( <b>Wheat</b> Flour, Water, Salt, Yeast), Lemon Juice, Fresh Orange Juice, Baking Powder ( <b>Wheat</b> ), Orange Oil, Ground Cinnamon   | (Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Rye, Barley            | Milk, Peanut, Soya      | 7 days |
| <b>LEMON VICTORIA SPONGE</b>                | Icing Sugar (Cane Sugar, Cornflour), Sugar, Vegan Margarine (Vegetable Oils and Fats, Water, Salt, Emulsifier, Citric Acid, Flavouring, Carotenes), Free Range <b>Eggs</b> , Self-raising Flour (Organic <b>Wheat</b> Flour, Raising Agents (Mono-Calcium Phosphate, Sodium Bicarbonate)), Butter ( <b>Milk</b> ), <b>Milk</b> , Raspberries, Cornflour, Lemon Puree, Pasteurised Whole <b>Egg</b> (Whole <b>Egg</b> , Preservatives (E202, E330)), <b>Egg</b> Yolks ( <b>Egg</b> Yolk, Citric Acid (E330), Preservative (E202)), Lemon Zest, Lemon Oil, Baking Powder ( <b>Wheat</b> ), Freeze-dried Raspberries, Fruit Pectin | Eggs, Cereals containing gluten: Wheat; Milk   | Peanut, Soya            | 7 days |
| <b>VEGAN CHOCOLATE &amp; RASPBERRY CAKE</b> | <b>Soya</b> Milk ( <b>Soya</b> Base (Water, Hulled <b>Soya</b> Beans), Sugar, Acidity Regulator (Potassium Phosphate), Calcium Carbonate, Flavouring, Sea Salt, Stabiliser (Gellan Gum), Potassium Iodide, Vitamins (B2, B12, D2)), Sugar, <b>Wheat</b> Flour, Raspberry Jam (Raspberries, Sugar,   | Cereals containing gluten: Wheat; Soya   | Milk                    | 7 days |



|                                   |   |  |   |        |
|-----------------------------------|---|--|---|--------|
|                                   | Water, Apple Pectin, Citric Acid), Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier ( <b>Soya</b> Lecithin), Vanilla Extract), Raspberries, Vegan Margarine (Sunflower Oil, Sustainable Palm Oil, Linseed Oil, Water, Salt, Natural Flavouring, Vitamin E, Natural Colour (Carotenes)), Cocoa Powder (Cocoa Powder, Acidity Regulators: E501i, E525), Agave Syrup, Coconut Oil, Vanilla Extract (Ethanol), Baking Powder ( <b>Wheat</b> ), Bicarbonate of Soda, Freeze-dried Raspberries, Salt |  |   |        |
| <b>DATE &amp; ORANGE FLAPJACK</b> | Vegan Margarine (Sunflower Oil, Sustainable Palm Oil, Linseed Oil, Water, Salt, Natural Flavouring, Vitamin E, Natural Colour (Carotenes)), Light Muscovado Sugar, Dried Dates (Dates, Rice Flour), <b>Oats</b> , Organic Gluten-free Flour (Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat))), Desiccated Coconut, Orange Juice From Concentrate, Golden Syrup, Water, Vanilla Extract (Ethanol), Orange Oil   | Cereals containing gluten: Oat               | (Tree) Nuts, Gluten, Milk, Peanut, Sesame, Soya | 7 days |
| <b>SALTED FUDGE BROWNIE</b>       | Caster Sugar, Butter ( <b>Milk</b> ), Free Range <b>Eggs</b> , Dark Chocolate 54% (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier ( <b>Soya</b> Lecithin), Vanilla Extract), Organic Gluten-free Flour (Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat))), Cocoa Powder, Sea Salt Flakes, Salt   | Eggs; Milk; Soya                             | Gluten  | 7 days |
| <b>SAVOURY</b>                    |   |  |   |        |
| <b>QUICHE LORRAINE</b>            | Quiche Pastry ( <b>Wheat</b> Flour, Butter ( <b>Milk</b> ), Water, Salt), <b>Milk</b> , Pasteurised Whole <b>Egg</b> , Bacon (15%) (Pork Belly, Salt, Glucose, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Ham Ends (12%), Whipping Cream ( <b>Milk</b> ), Mature Cheddar ( <b>Milk</b> ), <b>Egg</b> Yolks ( <b>Egg</b> Yolk, Citric Acid (E330), Preservative (E202)), Black Pepper   | Eggs; Cereals containing gluten: Wheat; Milk | Mustard, Soya                                   | 2 days |
| <b>QUICHE VEGETARIAN</b>          | Quiche Pastry ( <b>Wheat</b> Flour, Butter ( <b>Milk</b> ), Water, Salt), <b>Milk</b> , Pasteurised Whole <b>Egg</b> , Carrots, Leeks, Whipping Cream ( <b>Milk</b> ), Mushrooms, <b>Egg</b> Yolks ( <b>Egg</b> Yolk, Citric Acid (E330), Preservative (E202))  | Eggs; Cereals containing gluten: Wheat; Milk | Mustard, Soya                                   | 2 days |



## Cake Information

### ALLERGENS NOTE

**The cakes are prepared in a facility that handles cereals containing gluten, various nuts, milk-based products, soya and eggs.**

We make every attempt to identify ingredients that may cause allergic reactions. Every effort is made to instruct our staff on the severity of food allergies. In addition, we highlight items with possible allergen- containing ingredients on our publicity and ingredients list.

We take great care to use separate equipment when preparing nut-free or gluten-free cakes. However, all our cakes are made in the same kitchen so please consider this if you have a severe allergy. There is also a possibility that manufacturers can change the formulation at any time, without notice. Customers concerned with food allergies need to be aware of this risk.

Because we want your cake eating experience to be perfect, we put extra effort into checking all our deliveries of nuts and fruit by hand for pieces of shell or fruit stone. However, please be vigilant in case any have slipped past our checks.

### STORAGE

Our cakes are truly homemade. Please follow these guidelines to enjoy them at their very best:

**In the fridge:** Our cakes stay fresh for a week (apart from the cakes covered with cream cheese frosting which stay fresh for 5 days).

**In the freezer:** Freeze on day of delivery. They can be stored for up to 3 months. Allow 3 hours to defrost. They are best eaten within 5 days.

### CUTTING

**Round Cakes:** Use a large, very sharp knife. Push point into centre of cake and use a gentle sawing action to cut.



**Square Bakes – 12 Slices:** They're easier to cut cold from the fridge. Pull open the corners of the foil tray so it's flat, slide a fish slice underneath and push onto a chopping board. Cut with a large sharp knife.

**Loaves – cut into 10 slices:** Remove from greaseproof wrapping, place loaf on a board. We suggest you cut at room temperature using a sharp knife.

#### **DISPLAY**

Most of our cakes can be stored at ambient temperature.

However we use cream cheese frosting for some of our cakes, these cakes can be displayed at ambient temperature for 4 hours only and then must be sold from a chilled display.